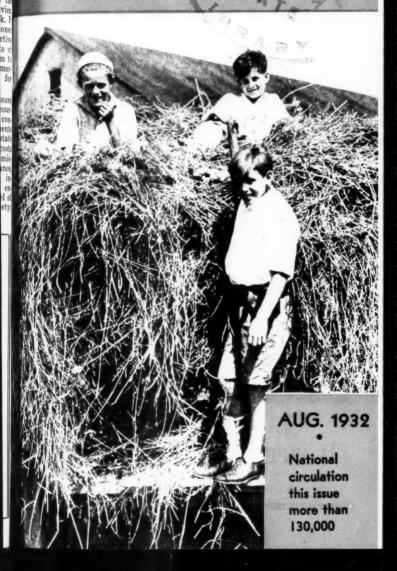
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Business Magazine of the Medical Profession



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## MEDICAL

The Business Magazine of the Medical Profession

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H. SHERIDAN BAKETEL, A.M., M.D., Editor HAROLD S. STEVENS, Managing Editor WILLIAM A. RICHARDSON, Assistant Editor LANSING CHAPMAN, Publisher

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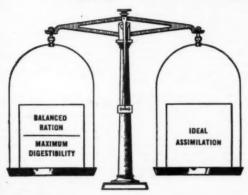
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## Speaking Frankly

TO THE EDITOR: A few words for Scalpel's Newcomer benefit. A man should start young but he should never start operating until he had sufficient experience.

After one year's internship, unless he has had ample surgical training during that period, he should limit himself to the simplest kind of surgery. After all, Scalpel, almost anyone can do surgery even though crudely, but few can make

correct diagnosis.

If you're one of the younger men in the community and unless you've had two or more years of surgical training, limit your practice to general medicine for five years, learn to diagnose and for nve years, learn to diagnose and treat a case, gain the respect of your colleagues, learn what to do and what not to do in surgery (both are equally important)—then visit our numerous recognized clinics and get the dope on how surgery is being done. And after-ward don't be ashamed of one or two consultations. consultations.

You are certainly fortunate in being allowed to confine yourself to medicine. In some localities, newcomers are lucky to do general practice without the local academy eyeing you with not much

pleasure. And by the way, Scalpel, you can't do surgery if you're too timid to sign your name in full, do you hear? N. S. Giardina, M.D.

THE TO EDITOR: Witness recent issue MEDICAL ECONOMICS, Dr. Dr. necessity of Fischer wrote about the necessity getting qualifications in detail into court record, when a physician is testifying as a witness.

The following record might be of interest. In a case against a large corporation in Minnesota, about two years ago, in which the plaintiff had sustained in-juries that included several fractures, a well-known orthopedist from one of the largest cities in the state was called by

the defense.

the defense.

In his qualification testimony, this doctor told how he graduated from a duly recognized medical college after obtaining a Bachelor of Science degree from one of the leading universities, how he had spent several years in Vienna in postgraduate work on his specialty of diseases of bones and joints, how he had written numerous articles for medical journals on diseases of bones and joints, how he had spent practically the greater part of his life in the study of all the

first. By bones and joints of the body and to diseases.

The attorney for the plaintiff the upon took up the cross-examinate Again the doctor testified that his sta Again the doctor testined that his is and experience justified him in staic that he was thoroughly acquainted a all the diseases of the bones and is of the human body. The attorney is asked him what he knew about the bo of the ear. The doctor replied that knew nothing about them.

The attorney: "Then the statem which you made that you were thoreuly acquainted with all the bone a joints of the body was untrue."

After considerable stammering

noted orthopedist answered that it apparently untrue.
"That's all!"

P. E

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EDITO TO THE Anesthesia How can give general anesthetics without a teaching on the subject? In the curio medical colleges generally there is provision made for this subject—and, an anesthetic of some kind enters is is adva BCONON all surgical operations.

It is in untrained hands that ger It is in untrained hands that generates an esthesia gets its greatest abuse, a this applies equally to physicians, it is, nurses. A trained nurse anesthe who is really competent (and there many who are veritable Michael Augein the art) is better than the untrainty of the competition of the competi Heed hre the A. Richs CAL EC physician who occasionally attempts give a general anesthetic.

General anesthesia is an important specialty of medicine. Like the ties, it can only be acquired and application, and men specialties, study graduates are no more prepared to a minister present-day anesthetics to Amen they are to remove cataracts.

Alan Ric I. P. ECONOM

Loose-Leaf TO THE EDITO Not being busy for while this afternoon, I am seated my desk, feet on top of an 8-inch; of leaflets, pamphlets and other seed class mail that has come in the p few days. They vary in size from a nary small envelopes to some 8½ by nary small envelopes to some or to some or to some or to await the day when I have the dig out the different messages advertised me, with high hopes that they were the or to be to not reach the wastebasket before read.

I am reading a little symposium by one manufacturer on "Vomitize Pregnancy." I am READING this cause it is bound in cloth and definite size and shape, and trest a subject of importance and special

terest to me.

The 8-inch pile is no doubt just interesting, probably just as instructions. and important; but try to find anythin

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1 of ets cial just ructi perial. One would have to dig through it all, try to balance some large papers on small ones, unfold and re-arrange them, and decide which to look over first. By that time I would be interposed and not be able to return to the mempleted reading for a few days,

the same irregular sizes.

I have read in MEDICAL ECONOM108, which by the way, I always read
200 enver to cover, about an M.D. station ed with the bon that I from cover to cover, about an M.D. wall again take up and push through. circulars, reprints from papers, and

ist, circulars, reprints from papers, and softh, be printed in a standard size, perforated for loose-leaf binding, so that the can be filed by the secretary, albabetically, for ready reference. Some tool-eaf extension courses are so arnaced and may be bought in cloth. By suggestion as to a standard size for medical advertising literature would be about the size of the average book a our shelves, say 6½ x 9½. Such a reform would, I am sure, be appreciated by the medical profession, and would wait in literature being read by many ysicin mit in literature being read by many

urric ere busy doctors. e is and y

I want to thank you for your interest is advancing this idea, and for your mer welcome publication MEDICAL CONOMICS.

O. D. Young, M.D.

gena se, a s, di esthei TO THE EDITOR: No Heed heed reputable agency would her the slightest objection to answering the nineteen inquires outlined in Mr. W. A Richardson's article in June MEDIere s ngel npts

A Richardson's article A. Richardson's article A. Richardson's article A. Els instructions are well exposed, and the profession will profit by heeding his agentions when selecting an agency.

I. M. Cohen

TO THE EDITOR: I

Amen Amen quote 119 Tests of Amen Richardson's article, "19 Tests of Medical Collection Agency,"

"But perhaps the most heinous example of thievery in the usual con-tract appears in that section which states in disguised terms that the actor must pay the full commission as an account if he withdraws it from the service of the agency—even though the account remains uncol-

May I satirically paraphrase this paraph as follows:

"But perhaps the most heinous example of thievery in the usual con-tract between patient and physician tract between patient and physician (for a contract exists whether one is signed or not) appears in that setion which states in disguised turns (and it's just as bad if the terms are stated right out in the terms are stated right out and advice obtained from the physician—even though the patient took neither the advice nor the medicine!"

Now isn't that utterly absurd?

The correct statement of the with drawal situation is given in the artic. "Collection Headaches," beginning or page 20 of the issue of MEDICAL ECO-

page 20 of the issue of MEDICAL ECO-NOMICS for January.

Except for that one paragraph, and the suggestion that agencies be required to submit "copies of all sales literature used" (we'd require a small trunk to submit copies of all the sales literature we've used in the past six years) we can say "amen" to everything in Mr. Rich-ardson's evellent article. ardson's excellent article.

George P. Duncan

TO THE EDITOR: In Metric June MEDICAL NOMICS I observed that, according to the St. Louis Drug Survey, only 8% of prescriptions are written in the metric system.

system.

I write all of my prescriptions in the metric system while thinking of my dosage in the apothecary's system.

My reason for doing so is this: In a 2 oz. bottle there are 16 doses of a tenspoonful (dram) each. In a cubic centispoonful (dram) each. In a cubic centi-meter there are sixteen drops (approxi-mately) and in a CC there are also 16 grains (approximately). Therefore if a single CC is incorporated with a 2 oc. (60 CC) mixture, each teaspoonful dose will contain one drop, or one grain, of

will contain one may, the medicament.

To illustrate: I wish to give a patient ½ grain codeine sulphate, ½ drop of chloroform, 1/3 drop of hydrocyanic acid dilute, 30 drops of syrup sarsaparilla in which of syrup tolutanae. My prea vehicle of syrup tolutanae. scription would read thus: Codeine sulphatis

125 Chloroform 95 Ac hydrocyanici dil .333 30. Syr sarsaparillae Syr tolutanae qs 60.

Misce. Sig. A teaspoonful every four hours.

Dr. H. B. Wents.

It is imperative that the amount pre-scribed be a 2 oz. bottle (60 CC), and the dose be a teaspoonful (one dram). H. B. Wentz, M.D.

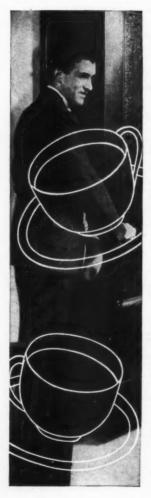
TO THE EDITOR: I Action have enjoyed immensely reading the comments and suggestions in MEDICAL ECONOMICS, and feel sure that the medical profession generally has been benefited greatly by having this publication before them.

For a number of years I have been a student, more or less, of the economic problems which confront us all throughout the country. I must contess constimes the situation looks hopeless impress upon out the country, sometimes the situation looks nopered sometimes the situation looks nopered unless a few leaders can impress upon the rest of the profession the necessity for concerted action and cooperation for concerted action and cooperation for the same of the second se for concerted action and cooperation for the common good. We are passing through a period of economic depression which undoubtedly is a most critical time, in respect to the laying of proper foundations for future policies on the part of the medical profession.

At the end of the present depression there will be a tremendous volume of [TURN TO PAGE 87]

### to-day physicians are PROSCribing ME

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GIVING up coffee often taxes a patient will-power severely. Fortunately, though there's a way of saying, "Give up Coffee" that insures obedience. That's to prescribe Sanka Coffee — genuine, delicious coffee with 97% of the caffein removed.

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make the night-test—drink your first cu
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patient will be tempted to drink caffeicontaining coffee.

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that no other blend is finer.

Sanka Coffee has been accepted by the Committee on Foods of the American Medical Association with the statement: "Sanka Coffee...is free from caffein effect and can be used when other coffee has been forbidden."

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Gentlemen: Please send me without charges 14 lb. package of Sanka Coffee—also the bookit, "The Passing of 'Thou Shalt Not.'"

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### MEDICAL ECONOMICS

The Business Magazine of the Medical Profession

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### Healer, Scorn Not Health

By ERASTUS B. GILLETTE, M. D. President, Toledo Academy of Medicine

"Physicians as a class take too little care of their own health. They are constantly dealing with the health of others, and are in daily contact with disease and its exposure. They become thoughtless of the dangers of disease, as an oil driller becomes contemptuous of the nitro-alycerine he handles .... By far the greatest number of deaths each year among physicians is due to some type of heart or circulatory disease. We know too well that the foundation for this may be laid early in our practices, when we are exposed to infectious diseases. The young practitioner, even more than the older physician, should by all means take stock of his health, and his manner of living. Do this before it is too late!"



### The Hospitalization

THIS BALLOT CARD...

THE following is my contribution of data bearing on the hospital question:

I. I am located in. 2. In my opinion, this section is

3. 1 | have | a hospital appointment. Its nature: 4. I am is favor of a D Larger Hospitals and Medical Canters, movement toward D Smaller Hospitals and Clinic Units.

5. All factors considered, I to believe that patients could frequently be saved an espensive stay in a general hospital by one of the methods reviewed in the adjoining article.

GAVE THESE RESULTS...



19% 16% 65%

69% 21% 10%

65% report overhospitalization

69% favor smaller hospitals

19% report underhospitalization

21% favor larger hospitals

16% report status satisfactory

10% indicate no preference

8% 6% 86%

On the question: patients "Could frequently be 24 did saved hospitaliza-tion?" 86% vote YES; 8% vote NO: and 6% NEITHER

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#### By HAROLD S. STEVENS

HERE is no reputable M.D. but who would gladly see the hospital industry grow to twice its present size—if the well-being of his patient and he scientific advancement dicine required it.

But what are the requireents? Is the present investment and upkeep of the hospital industry disproportionate to the pres-

ent need?

Hospital authorities are as inprested in the answer as are doc-

The majority of patients hositalized become so on the advice their physician; therefore the representative opinion of the edical profession-at-large is entitled to considerable weight in a discussion of this subject.

In response to the Hospitalization Poll, conducted by the edibrial reply postcard in May MEDICAL ECONOMICS, 4,516 physicians have balloted their opinon on three questions:

1. Is the country over-hospialized?

tion:

liza-

vote

NO:

2. Are larger hospitals needed or smaller ones?

3. Are patients being hospialized more frequently than cessary? To the first question, 2,916 phy-

ians answer YES. 901 answer NO, and 699 believe that matters re all right as they are.

On the second question, 3,035 ctors want smaller hospitals, m want larger, and 486 stand

The response to the third queson is overwhelmingly YES-3,888 so voting their opinions. answered in the negative, and y be answer this question.

2591 cards were received from

physicians holding hospital appointments: 1.925 cards were from physicians not holding hospital appointments. There is a surprisingly small difference of opinion between the two groups.

Among doctors having appointments 69% report over-hospitalization, as against 59% of the non-appointees reporting same condition. 15% of the appointees report under-hospitalization, the corresponding figure among the non-appointees being

67% of the hospital appointees are in favor of smaller hospitals, the equivalent vote among the non-appointees being 69%. Among both classes of doctors. 22% are in favor of larger hospitals.

On the third question: "Can patients frequently be saved an expensive stay in a general hospital by one of the methods reviewed in the article (hospitalization at home, "brief stay" rooms in conjunction with the physician's office, earlier removal to the patient's home or to a convalescent home)?"-there is no difference of opinion between hospital appointees and non-appointees. 86% indicated YES; 8% indicated NO; 6% cast no ballot on this question.

Analysis of the replies by sections brings out these interesting

highlights:

The opinions of physicians in Los Angeles County, California correspond almost exactly with the opinions of physicians in the York Metropolitan more than 70% of the doctors in these sections reporting overhospitalization, and being in favor of a movement toward smaller hospitals.

Of the physicians in Indiana

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and Ohio who are in favor of a movement toward smaller hospitals, over 80% are hospital appointees. In the same section 80% of those who voted for larger hospitals do not have hospital appointments.

The sections reporting underhospitalization are the lower Mississippi states (Tennessee, Kentucky, Arkansas, Louisiana, Mississippi and Alabama), where more than 50% of the physicians heard from believe that additional hospital facilities are needed

al hospital facilities are needed. Percentages by sections, computed on the basis of those plasicians who indicated either a positive or negative answer the each of the three questions, an indicated in the geographic table printed below.

Here are the summaries for the

United States as a whole:

1. Summary on question: "Is the

ountry	Over-nosbitanzed t			
Over Under Neither	Hospital appointees 69% 15%	Non-	Both groups 65% 19% 16%	YES NO No vote The h
			757	THE B

### Geographic Analysis of the

Percentage of physicians Percentage of physician

SECTION OF U. S.	who believe their section is OVER-HOSPITALIZED	who believe their section is UNDER-HOSPITALIZED
New England States	86%	14%
N. Y. State (except N. Y. City)	71%	29%
New York City	92%	8%
New Jersey, Pennsylvania	82%	18%
Md., Del., D. C.	75%	25%
W. Va., Va., N. C., S. C., Ga.	55%	45%
Florida	56%	44%
Tennessee, Kentucky	43%	57%
Ark., La., Miss., Ala.	45%	55%
Indiana, Ohio	79%	21%
Mich. (except Wayne County)	70%	30%
Wayne County, Mich.	85%	15%
III. (except Cook County)	66%	34%
Cook County, III.	93%	7%
Wisconsin, Minnesota	90%	10%
N. D., S. D., Neb., Kan.	66%	34%
Missouri, Iowa	10%	30%
Texas, Oklahoma	65%	35%
Idaho, Mont., Wyo., Nev., Utah, Ariz., N. Mex., Col.	05 /0	35%
Wash., Oregon	85%	15%
Cal. (except Los Angeles)	87%	13%
Los Angeles, Cal.	96%	4%

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2. Summary on question: "Are you is laver of a movement toward larger as smaller hospitals?"

Larger Smaller Neither	Hospital appointees 22% 67% 11%	Non- appointees 22% 69% 9%	Both groups 21% 69% 10%	
Member	11/0	0.70	10%	

3. Summary on question: "Could pafants frequently be saved a stay in a general hospital?"

	Hospital appointees	Non- appointees	Both
YES	86%	86%	86%
NO	8%	8%	8%
No vote	6%	6%	6%

The hospital industry and the

medical profession are—both scientifically and economically—two interlocking and inter-dependent institutions.

Not so long in the past the doctor existed without the hospital. Conceivably, at some time in the future, the hospital can exist without the private doctor. Under the present scheme of things, neither can exist without the other.

Each should cast upon the other a mutual and cooperative influence, to the ultimate benefit

Percentage who

#### the Hospitalization Poll

Percentage who favor movement toward SMALLER HOSPITALS	Percentage who favor movement toward LARGER HOSPITALS	Percentage who BELIEVE patients can frequently be saved hospitalization	patients can frequently be saved
82%	18%	89%	11%
81%	19%	87%	13%
94%	6%	92%	8%
78%	22%	89%	11%
75%	25%	86%	14%
80%	20%	94%	6%
75%	25%	93%	7%
74%	26%	93%	7%
85%	15%	93%	7%
50%	50%	93%	7%
86%	14%	92%	8%
86%	14%	93%	7%
84%	16%	91%	9%
84%	16%	77%	23%
83%	17%	92%	8%
87%	13%	91%	9%
89%	11%	90%	10%
78%	22%	92%	8%
87%	13%	98%	2%
83%	17%	97%	3%
87%	13%	91%	9%
87%	13%	97%	3%

of the public (for whom each ex-

ists).

These results of the Hospitalization Poll are offered as another source of light upon a question of serious import to all those concerned.

An interesting phase of the Poll was the reader-comment, of which the following selections are particularly significant:

"I do not think we have too many hospitals, but those we have are not as well distributed as they should be. There are too many beds in some of the larger centers, and not enough in the smaller and rural sections."

"Hospitals are a blessing—as a glass of cold water to a thirsty person. But too much cold water will drown the per-son—so too much hospital will eventually ruin both patient and general practition-

"I am in favor of a movement toward that size hospital which is most economi-cal in operation for the community in which it is established. In areas of large population, I believe 300 bed units will answer the purpose best."

"In defense of the hospital—let me say that I have never been urged or re-quired by the hospitals themselves to over-hospitalize sick people.

"35,000 capital investment for each acute case treated seems like an outrageous figure. If true, it is undoubtedly due to the lack of economy in construction, equipment, and operation.

"In illustration, the writer two years ago completed a small, up-to-date hospital with a capacity of 35 beds. The building is substantial, practically fire-proof, and conveniently arranged.

"A visiting doctor—from a nearby town—on our opening day was commenting on the arrangement of the

town-on our opening day was com-menting on the arrangement of the building, and incidentally raised question of cost. We compared notes. developed that the hospital with which he was connected, and which is just a bit larger than this one and not as well appointed in some ways, cost approximately four times as much."

"Your questionnaire is quite unfair. "Detroit is an example of many cities; was under-hospitalized in 1928 (1500 over-hospitalized and

beds) and over-hospitalized in 1932 (1,000 beds).

"The question as between large and smaller hospitals depends on the character and size of the community. Small clinics and hospitals cannot give the standard of professional care at the same money as hospitals of 250 to 400

beds. 500 beds should be the maximum of any general hospital, which becomes too much of a machine after that capacity is reached. The cost to the patient is smaller in these larger hospitals. "I do not know any small hospital that can afford to give care in small wards of the highest professional type at \$3.00 to \$3.50, which is done as a partnay proposition in many of our large. pay proposition in many of our large en-dowed hospitals."

"If the hospitals could be used by the doctors, as they were meant to be, then there would not be too many hospitals!

"Our city is over-hospitalized to the extent that there are many vacant beds, beds that could be filled were our hospitals open to the rank and file of the pro-

"Too much hospital...too much clinic...too much charity where charity is not necessary...this is my opinion after fifteen years of private practice.

"Too many physicians send in as many patients as possible (whether they re-quire hospitalization or not) in order to maintain their prestige and swell their

"The hospital has its proper sphere, as we all know, but the tendency in recent years has been to magnify its importance to the disadvantage of the public and the physician.

"The medical profession has been too indolent and passive, and has allowed hospitalization to be forced upon it. Medical care is over-institutionalized."

"This community is not over-hospi-talized relative to number of beds, but it is very much so in the matter of unnecessarily expensive construction, which in no way adds to efficiency in care of

"I agree heartily with the opinions of many others that the child is rapidly out-growing the parent, and that owing to lay management of hospitals the phy-sician is becoming merely a part of the hospital equipment.

"The pendulum has swung much too far and is still swinging in that direc-tion."

"In this section we have hospitals and clinics almost at every crossroad. The total county population does not exceed 50,000, yet we have six general hospi-

tals—not one of them strictly modern and equipped as it should be.
"Then there is the church hospital, the lodge hospital, the private (physi-cian-owned) hospital—some with staffs, some without.

"One good, modern, properly equipped hospital could easily care for the needs of the whole county."

"It is generally conceded that we are

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already over-hospitalized with cumbersoms, state-regulated, expensive hospitals, which have to be maintained regardless of current needs, and many of which go in the red in the thousands such month.

"We have a town of 8,000 inhabitants and serve a community of about 20,000 people. Seven years ago we had a 37-bed hospital, which seemed adequate at the time. It was nearly always full, yet it had an annual deficit of \$5,000 or more

per year.

This hospital was made over to a capacity of 75 beds. It has never been full since. At present about half of it is closed, and the annual deficit will run between \$10,000 and \$15,000."

"The question of hospitalization is a broad and much neglected subject (on the part of the doctor). Two questions should arise when a doctor orders a patient to a hospital:

L is it absolutely necessary?
2. Is he able to meet the expense of

L is no able to meet the expense of

We all know that certain medical cases, most cases involving the special-ties, and all major surgery, require hospital care. These cases should be sent to a hospital if facilities are lacking at home or if professional nursing care involves expense that is entirely out of the custion, as is so often the case.

"My observations over a period of 27 years prove to me that about 15% of bapital cases could have been cared for at home, but I believe in most instances the patient was sent to a hospital because the doctor in charge junt could not inconvenience himself in arranging the home nursing care. The busy practitioner is always desirous of herding his patients under one roof; it saves time, saoline and real honest-to-goodness personal interest in the case. He depends on charts, on laboratory examinations for diagnoses, and forgets clinical symptoms and data."

"The question of hospitalization is, like the tariff, purely a local one.

'I hospitalize patients for several reasess. First, certain procedures and their aftereare can be taken care of much more safely in a hospital; it is possible to make several hospital rounds a day, with a much closer observation of the patient than when they are in private homes. Second, the pauper group of patients can be cared for much more economically at the expense of the physician when they are under one roof. Third, extensive laboratory facilities and expensive therapeutic equipment are frequently necessary.

With the great economic waste in modern government and business, the least that should be allowed the public is the hospital care and expert medical service which the hospital guarantees them, whether they are able to pay for it or not."

"There are two diametrically opposite elements entering into the tendency to over-hospitalization.

"First, the recent graduates having received their entire training in the treatment of disease in a hospital feel that they cannot do justice to any case of illness outside a hospital. Many cases are therefore hospitalized which otherwise could have been treated just as successfully at home. There is also the added element of convenience to the physician in being able to call on all his patients at one place and time, with a nurse at his elbow.

"Second, the people have become hospital-minded. They feel that they will receive better care at the hospital with less inconvenience to themselves and their family, in which they are right. The only objection to be raised to hospitalization in such cases is the matter of expense, and if the care of a nurse is needed night and day, even though their services be ever so trivial, their cost will amount to a matter of \$85 per week and board. Such patients can frequently get along with the regular floor nursing service in a hospital; then hospitalization becomes much less expensive than illness at home.

"With only six out of every one hundred cases of illness being hospitalized, it would not appear that the sick were being greatly over-hospitalized."

"I believe that patients could frequently be saved an expensive stay in the hospital, and that some of the suggestions in June MEDICAL ECONOMICS would undoubtedly help to shorten hospitalization, but they do not cover the whole question. Many types of minor surgical procedure can easily be done in the office of the physician. Other types of work, such as diagnostic procedures, can be better done in the hospital but need not call for a long stay.

"The expense of hospitalization, for many patients, is a real deterrent toward accepting needed hospital care. In this respect the expense can be greatly reduced if the hospital itself will adopt a flat-rate policy.

"This method has worked out very successfully, both to the hospital and to the patient, in Cumberland, Maryland, and Johnstown, Pennsylvania. The flatrate plan embodies a flat fee for various types of hospital care. For example, the maternity department will charge a fee of \$35, \$50 or \$75, depending on the type of room the patient desires. Any of these fees will include board, room, nursing care, laboratory work, use of the delivery room, anesthesia, care of the baby, and two weeks' stay.

"I believe this plan for operating hospitals should be particularly applicable in smaller communities where there is not great wealth, and where the usual hospital expense for long illnesses or serious operations is a very real hardship for the individual involved."

### Medical Opinionor

AGAIN, M.E.'s editorial sanctum is fille large A with the flutter of reply postcards in the giving process of being counted, stacked, compiled publis This time the subject is hospitalization. The July stacks of cards represent the opinions of an proximately 4500 physicians, in all quarter of the United States.

Here, in chronological review, is the story of the hospitalization survey:

- 1. A Los Angeles pediatrician submitte an article describing certain hospital tenden cies which had come within his personal of servation, and discussing the effect of the tendencies on private doctors.
- 2. Because the article made interesting reading, and because, also, it was a candi expression of opinion by a representative physician on an economic subject (to which opinion the pages of MEDICAL ECONOMICS ways will be open!) it was published, in the May issue. The title of the article was "To Much Hospital?"
- 3. Then came the letters of commen some of them sharing the opinion of the La Angeles pediatrician, some not.
- 4. On the theory that medical opinion at large is an index to the true status of hosp talization, and that further data on this sub ject would be welcomed by physicians and by hospital authorities alike, a ballot wa offered—in June MEDICAL ECONOMICS. The accompanying article, quoted from the original nal discussion, stated the questions without prejudice, and asked the opinions of all real ers, from coast to coast, border to border.
- 5. The discussion was further enlivene by an article from the superintendent of

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### non Hospitalization

fille large and well-known hospital in California. th giving the hospital's point of view. This was illed published under the title "Not Guilty" in The July MEDICAL ECONOMICS.

ap 6. Results of the ballot appear on another ter page of this issue.

A poll of opinion, whether it run into the thousands, hundreds of thousands, or millions, may not be expected to work violent changes in the tide of events. That is not its purpose, which is rather to gauge the ob direction and force of the current.

New hospitals will continue to be built. regardless of what physicians think and say about it. But this poll of opinion on hospitalization will nevertheless have served its function. It will have stimulated thought, provoked discussion, added its data to the records.

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What have hospitals to say on the subject? One hospital superintendent has answered the criticisms made by the author of "Too Much Hospital?"—and seemingly supported by the concensus of opinion among physicians. Let us hear more from the other side.

As an independent medical journal, MEDIand CAL ECONOMICS has no axes to grind, no glass houses to protect. Reaching 130,000 physicians nearly all of the practicing medical profession in this country, MEDICAL Eco-NOMICS appreciates its opportunity to serve ject of economic interest to doctors.

K Sheridan Ogketel

## Olympics

#### MEDICINE'S PART IN 1932 CLASSICS

By Patrick F. Edwards, M.D.

A S the trumpets punctuate the closing ceremony of the Xth Olympiad in Los Angeles, August 14, a measure of the glory must revert to the corps of physicians who, directed by Dr. Sven Lokrantz, assumed the job of providing 100% complete medical service—first aid, medical, surgical, and sanitary—throughout the 16-day program.

The more than two thousand men athletes, the two hundred women contenders, the five hundred development of the conservatively estimated quarter million visitors to the events, are now or soon will be on the way home to their forty odd countries with the report that they have seen a spectacle outclassing anything of its kind in history. Trust Los Angeles for that.

They will also be able to report on American efficiency in medical organization.

Los Angeles worked hard to secure the games and she is out to create a record for efficiency and masterliness in every particular of their conduct.

Holding of this sports event, the most spectacular and significant in the world, in the Southern California Metropolis is the culmination of efforts for almost a generation on the part of one of its civic-conscious as well as sports-conscious citizens, William May Garland.

Mr. Garland is one of the lead-

ers responsible for the development of the Los Angeles Athleit Club, and it has been his lifet ambition to bring the glory (and the advertising value) of the Olympic contests to the city he loves.

When the decision was made that the Olympic Games real were to come to Los Angeles, organization began developing take care of them. The amo of detail which had to be cove and anticipated is almost believable. Trained committe have been working devotedly years to perfect plans in ord that nothing might go wron with any feature of a show white is subject to the interested atte tion of every intelligent inhabitant of the world.

Running off the sports even was but a small part of the picture. A few of the accessor needs: Housing, Medical and Health Supervision, Cuising Transportation, Communication (languages), Pulicity, Policing—and a thousand subsidiary considerations. No detail of any of them could be neglected in the least degree.

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lected in the least degree.

In the item of housing, practically all the male athletes, and most of their male attaches, and quartered at a little mushroom picture-book town known as the Olympic Village. This community is composed of uniform known



(Top photograph) A delegation of New Zealand thletes entering Olympic Village—a group of neg emporary cottages erected to house the participants in the Xth Olympiad.

racti

s, and hroom as the nunity knock-

Middle photograph) Olympic Village Hospitalmail, but fully equipped and staffed to meet the nedical needs of the international community. (Bottom photograph) Interior of the hospital.

down houses, each accommodating four persons, complete in detail and containing every necessity and comfort. Incidentally it is of interest to know that after they have served their usefulness these houses will be for sale to those who wish to remove them to beach, mountain or back yard.

In the village are included administration buildings, postoffice, telegraph office, dining halls, and every other imaginable accommodation—even a small hospital.

Women athletes and their guardians are housed in specially designated hotels and dormitories.

For physicians, an interesting part of the program is the Medical Supervision. That alone has occupied the attention of the Medical Director, Sven Lokrantz, M.D., his assistant, C. Morley Sellery, M.D., and their committee, for many months. Plans were developed to cover the potential requirements of athletes, attaches, and spectators, down to the most remote consideration-a system as elaborate and comprehensive as for a major disaster. The Director resolved that not the slightest medical need should go without immediate and superlative attention.

In 1912 at Stockholm there were reported 132 casualties, of varying severity, and one death. The latter was a result of the marathon. Reports since then have shown an increase in numbers of accidents. An ambition of the authorities was to cut down this record, if possible—or at least to reduce the extent and severity of results to the irreducible minimum.

The organizing ability which has distinguished Dr. Lokrantz as head of Los Angeles' public school health work, and which has brought that department to a position of international recognition, is demonstrated in his setup for the Olympics.

Beginning with an executive

advisory board of three pro nent local physicians in addit to himself and his assistant, staff includes the following visory committees: Medical. gical, Women, Research, Lu Heart, Psychiatry, X-ray, Nu ing, Physiotherapy, Equipment and Hospitalization. Then con a corps of 74 volunteer cons tants, who declared themselve ready to give necessary care cases of a severity too great be dealt with on the first 1 These men represent all spe ties, and also represent alm all known modern languages, that a sick foreigner will h the comfort of telling his trop to an understanding medical

Next down the list—on the tive front—comes a corps of field surgeons. These men heen selected on a basis of the familiarity with fresh athe injuries, and acute emerge work, and are held respons for the brunt of immediate cof casualties. These are the aphysicians to be paid.

Since a group composed volunteers could easily have be assembled by Dr. Lokrantz, it greatly to his credit that he sisted on granting pay. Then another advantage, too, in tacceptance of a fee by the photian implies a contract, and grassurance that there will be interruption of services, due answering of private calls. It was made certain that the would be no time at which aid of a field surgeon would be continuously available durall scheduled event-hours.

Assignments are mostly two to four-hour periods, deping on events. Some surpserve two or three periods for a period each day for a wand a few for the extent of games.

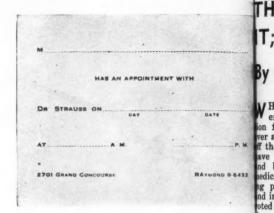
Every event [TURN TO PAGE

(Opposite page) A comportrait of Dr. Sven Lokrant

OMK



### A Follow-up System



"My plan was to engage a secretary an urely have her follow up two groups of patients bett The first group would be composed of palinic first group would be composed of palinic first first group would be composed of palinic first group would be composed of the palinic first group would be comp tients whom I asked to return in a week of two for therapeutic follow-up, and the sed ond group of those I had not seen in sever itut months. . . .

Wh

In

"The application of the hospital follow atien up system to my private practice is putting by into effect what we have been preaching As about periodic health examinations. I fee her, that if it were universally adopted by the hich profession at large, it would act as a great ame factor in helping to stem the great rush of the " the public to the free clinics."

### Private Practice

#### THE CLINICS USE T: WE SHOULD TOO

By Norman Strauss, M.D.

WHY is the private practitioner facing such keen competion from the clinics? A little ver a year ago, I took some time ff that perhaps might otherwise ave been spent in bemoaning nd bewailing the fate of the ledical profession, and in cursng pay clinics, medical centers and insurance companies, and deoted it to a study of this ques-

I asked myself, "Is the answer ry an rely an economic one, measured terms of dollars and cents, or ten the clinics actually rendering the terms of service? Is the clinic patient getting better service for less money?"

eek d e sec While cogitating upon this uestion, it occurred to me that ever ir main argument against "in-titutions", and, by implication a favor of ourselves, is that we, he private practitioners, offer a ertain "personal touch" to our atients, and an interest in them uttin ar more intimate than that giv-by the skyscraping medical achin. As I pursued this matter fur-

I fee her, it seemed to me that the stitutions were indeed renderby the one type of personal service
which is far superior to ours—
amely, the follow-up system. A
we examples will suffice to contast the "clinic touch" against
he "family physician touch."
In the clinic, if a suspicious

tumor mass is felt in a patient, or if a pathological report of a removed growth shows signs of malignant degeneration, the patient is instructed to return to the clinic on a certain date. If he fails to appear on the appointed day the matter is not dropped, but several follow-up letters are sent to him. If the patient still fails to appear, a personal investigator goes to his home in an attempt to impress him with the necessity of return visits and also

of subsequent examinations.

But if that same patient be operated upon by a private surgeon in a private hospital and fails to return when instructed, no further effort is made to check up. What holds true in the surgi-cal case likewise applies to the cardiac on digitalis therapy, the diabetic on a strict diet and perhaps insulin, or the suspicious case of incipient tuberculosis.

Frequently, I see cases in my private practice which are of particular interest to me—cases that are instructive both from the scientific and sociologic points of view-cases that I would like to check up on and follow throughbut if the patient fails to return at the specified time, I am forced to forget.

Many times I wonder what happens to those young adults who come to me because they are losing weight, financially worried, tiring easily, or complaining of a "cigarette cough," and upon

whom I advise an X-ray but never see again. Time and again I have thought about that interesting cardiac I saw the other day who was fibrillating and whom I placed on digitalis or quinidine-has his pulse become regular, has he developed a heartblock, or is he still fibrillating?

Is that diabetic whom I put on a high protein and low carbohydrate and fat diet, sugar free by now, or is he on the verge of a

diabetic coma?

Can I answer these questions concerning patients in my own private practice? Rarely, if ever!

Can I answer these questions concerning my free or clinic pa-Yes!-merely because I tients? can and do have the hospital social service department get in touch with them for me.

But why do not we, the private practitioners, adopt this followup system to our own practice? If our private patients fail to return when instructed, why do we not take steps to bring about

their return?

Is it below our dignity? Are we afraid of the "ethics"?

In an attempt to answer this question, I have tried to determine the psychological effect the hospital follow-up system has upon the patient. I am sure that it has been a common experience with many, as well as myself, that while taking the history of a new patient, he has often commented that since he was operated upon, or treated at such and such a hospital, they have continually followed him up by letters or personal calls, and the hospital "professors" have shown such a genuine interest. Certainly, this patient does not feel any lack of "personal touch" on the part of the institution. On the other hand, I have never had a patient tell me that he was treated by a private physician with a similar interest in follow-

I felt so keenly on this subject, that I decided upon a plan to

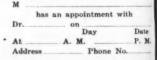
adopt the follow-up system to my own private practice.

In order to protect myself against any adverse criticism within the profession itself, and in order to save my skin from being tarred and feathered by Board of Censors for any deviation from the code of ethics. I submitted my plan for approval at a joint meeting held between the Special Committee on Publicity of the Medical Society of the County of New York, and the Press Relations Committee of the New York Academy of Medicine. The Committee gave approval.

My plan was to engage a secretary and have her follow up two groups of patients. The first group would be composed of patients whom I asked to return in week or two for therapeutic follow-up, and the second group of those I had not seen in several months.

To the first group the secre tary would send the following card a day or two before the ap pointed date of return, as a ger

tle reminder.



To the group of patients whom I had not seen in several months the following letter was sent:

"The greater New York Committee on Health Examination is advocating Periodic Health Examination.

"According to my records over months have elapsed since

your last examination.

"I have therefore set aside the indicated time as an appointment for you for a thorough check-up on your general physical condition.

The appointment card was en-

The results of this experiment have been within one year more than gratifying, and I feel that the plan should [TURN TO PAGE 56]

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### A Physician's Advice to a Graduating Son

By C. H. Kennedy, M.D.

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I am going to jot down a few of the things you likely did not learn in your school training.

It is well to remember that many a man with only a fair scientific knowledge has made a success of the practice of medicine because of the other qualities with which he was blessed.

Without a good personal ap-earance, without cleanliness, earance, frankness, friendliness, industry, and plenty of good common sense, many a man of unquestionable ability has turned out to be a

It is quite a common occurrence for the patient, on first meeting, to judge the physician hastily. As the latter's scientific qualifications are not immediateimpression ly apparent, the gained is based entirely on his outward appearance.

You will find, moreover, that personality has a great deal to do with success, especially in the beginning. A smile is one of the most valuable assets one have, and it costs the least. One can be serious and still smile. Frivolity is not good as an asset. Neither is too serious a countenance.

It has been said "laugh and the world laughs with you." This s enis true also of a pleasant smile. A kind word and a smile go a ment long way, and the smile should more mean all that it implies.

If one's temperament is not E 96 just right, it can be corrected

to a considerable extent; but it should never be affected.

Kindness does not mean a lack It is well to have of firmness. self-confidence at all times, but it should not show as egotism. If one has no confidence in himself. he can not inspire confidence in others.

Frankness and honesty with one's patients are, I believe, always the best policy in practice. If they do nothing else, they at least impress the patient with your sincerity.

By frankness, of course, I do not imply utter artlessness. If you are a little doubtful as to the result of certain medication-and you will have many and frequent doubts-you need not impart this fact to your patient. Confidence in you on the part of the patient will always have a good effect. Psychic stimulation is sometimes better than drugs.

Always have due regard for the opinions of others, whether you value them or not. A great many things are learned from practice and from actual experience that are not taught in books. and one can learn something from almost every one.

Regard all advice and suggestions kindly; and then use what, in your own judgment, are beneficial and worthy of a trial.

One must learn to separate the wheat from the chaff, even in text-books. Do not consider all writers infallible in their ideas. Many splendid remedies

based entirely upon their clinical

To know that a certain drug will produce a certain effect is of more importance to you and to your patient than to know just why it does, or how. If a turnip seed and a mustard seed are planted side by side, each will produce its own kind in the same soil. But who knows just how or

If you have a tried and proven treatment do not give it up for some temporary fad, or theory that has not sufficiently demonstrated its worth. Be not the first to grat the new nor the last to

dirard the old.

Learn to rely upon your own judgment and to make each diagnosis by a system of elimination of symptoms rather than by relying too much on the laboratory. The laboratory is fine for confirmation, and in some instances as a direct feature; but of late, so much stress has been put on laboratory findings, that average doctor is not able to trust his own judgment without running to the laboratory to confirm it.

Some of the smaller laboratories are not entirely dependa-ble, either, especially in determining serological and chemical reactions, and in making microscopic examinations which require an expert to diagnose tissue

specimens.

Learn to evolve your own system of treatment. Do not copy. Pick out the best of what you can find pertaining to a treatment and then build up your own system from it. From time to time you will find ways of improving it.

One of the subjects on which medical students get too little advice and instruction, is medical economics. In this day and age, the practice of medicine must be conducted along business lines if one is to have any degree of success.

I do not mean that the physician's whole aim should be to "get the money," but just to use good business methods and judgment. the same as one has to do in any other line of endeavor in order to make a success.

One should not hope to get rich in the practice of medicine—not on fees, at least. So the earlier one begins to use business methods in his practice, the better off he will be in the end, both financially and professionally.

No medical man should let the desire to get money overbalance his professional ethics; nevertheless, business methods and ethics can and should be made to work harmoniously together. Begin in the beginning with a system that is satisfactory, and then stick to

The only certain way to keep from being annoyed by bad accounts is to have as few of them on the books as possible. Be sure to take the name, home address, business address, and name of employer of every patient who comes into your office for treatment. Do not be timid about letting the patient know you expect to collect your bills.

If you find a patient is poor pay, the sooner you get rid of him the better; because if he has no intention of paying, he will go out and begin to knock. Some of the poorest pay are the hardest knockers, while a satisfied and One honest patient will always be a

booster.

One has to study people to learn how to discriminate between those who have good intentions and those who have not. The weeding-out process should then be done judiciously.

You can be just too busy to take care of the habitual "dead beats." In some cases, it is just health as well to tell them plainly why you do not care to have their

business.

If you know a patient to be poor, but honest and deserving,

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give him the best you can and forget about the pay. He may bring you another who is able and willing to pay. The profes-sional "dead beat," is, however, always a knocker.

Patients should know that your profession is your business and that it is necessary for you to collect reasonable fees for your services if you are to continue operations. [TURN TO PAGE 57]

#### Show parents how — with shelves



One corner of the office of Dr. Hugh McCulloch in St. Louis (Mo.) has been set aside as the "Museum Room," in which have been gathered a wide variety of articles for the use of parents in caring for their children.

Shelves, as may be seen above, are arranged in three sections. One section is for infants up to two years; a second is for children be a from two to five years; and a third is for children of school age. The remainder of the room is arranged to indicate in a general way how bein a small child's room the flooring, walls, and equipment should be d inplanned.

In addition to having accumulated these articles, the doctor has hould taken the trouble to investigate them before recommending them to parents. On the shelves there are many kinds of books, foods, dothing, toys, nursery equipment, and suggestions for maintaining 'dead just health, growth and training, ventilation, and exercise.

Although many of the items are small, all are described thoroughly on neat, printed cards.

#### **By HALL JOHNSTON**

PHYSICIAN with an extenpractice insured the fidelity of his secretary handled his financial affairs. He purchased a continuing policy, which did not require renewal, and it ran on for several years. The annual premiums were paid as a matter of routine.

His confidence in his secretary was complete. One day he discovered something that aroused his suspicion. Thinking that it might be an accounting error, he called in a firm of professional accountants to revise his system of bookkeeping. A shortage of

over \$5,000 was disclosed. It was a distressing blow, but the doctor took some comfort in the thought that he had handled his affairs in a business-like man-There would be no actual money loss to him. He was insured. So he dug out the old policy from the strong box. He glanced over it, and noted with satisfaction that the company agreed to reimburse him for loss to the extent of \$20,000. He promptly notified the company, and felt relieved.

There was a clause in the policy which stated that "all warranties contained in the application for the policy are hereby made a part of this contract." In glancing over the policy, the doctor did not notice that.

The following week the company called it sharply to his attention. The first warranty was that the employee was not in default at the time the policy was applied for. The second guaranteed that semi-annual audits would be made by a competent

### Insurance Poli simpl

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auditor throughout the life of the policy. The original application was exhibited to him, and certainly enough, his big, bold significant nature stood out on the last line like a Broadway sign.

And yet it never occurred to that him that he might be called upon to prove some day that his secre that, to prove some day that tary started the first insured year he had a slate. Also he half with a clean slate. Also he half thought he knew his secretar, bacte and that he was in sufficiently that and that he was in sumcleant that to close touch with his practice to to lat know that he was banking all the income from it. It had not occurred to him to audit his book himself, let alone have some and succeptable to the sum of the competent auditor do it.

"competent auditor" do it.

As he read the applicative little over, slowly and carefully, be usual realized that, so far as recover was concerned, he was sunt disable to the could under the which proves that he could understand a legal document even though he was a doctor! It was that though he was a doctor! It was that just too bad that he had not real it over slowly and carefully the or m day he signed it. The insurance to kn company declined to pay and lar polynomial in the latest that the latest denied liability.

Now of course a doctor really knows all the time what he is doing-in the nature of thing he must. But insurance applications sometimes prove that he does not always know exactly what he does for a living.

Witness this instance: A member of the profession in his standing in a large city was

#### NO STRONGER THAN ITS WEAKEST CLAUSE

asked to answer in writing the simple question, "What is your occupation?"

The question happened to be embodied in a disability insurance application. Without hesita-tion he wrote "Physician and Surgeon." Since he had practiced cermedicine for thirty-five years, he considered himself entitled to

ed to that designation.

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What he neglected to state was secretat, during the past ten years lyear he had been known throughout half a dozen states as a leading etary, bacteriologist, and that during iently that time he had devoted his life ice to laboratory work, research and all the consultation. He no longer called to consultation and saw few of them.
books He had abandoned both medical some and surgical work. While workcation ing with some dangerously poison little animals we ordinary folk y, he usually refer to as germs, his over hand became infected. He was sunt disabled, and called on his insurance company for assistance.

Now the theory of insurance that the company assumes only read such hazards as it knows about, y the or may be reasonably expected to know, concerning the particu-

and lar person assured. It may, in its

contract, specifically except cer-tain risks which it does not assume. That is the reason for the question about occupation. Some occupations are more hazardous than others.

In this case, it developed that the company did insure bac-teriologists, but at a somewhat higher rate, and this fact was stated on the margin of the application. Since the doctor, pre-sumably informed of the company's practice, had not asked it to assume the higher risk, that company held that such risk was not assumed, and it declined to

pay anything.

Is it any wonder that disability insurance has proved to be a delusion and a snare for many medical men? And yet no one And yet no one needs it more. When a physician is disabled, his income stops. His business is in his head and hands. Not only is there no plant to keep on earning, no accumulated stock which may be sold, but the plant he has must be maintained. his rent must be paid, his equip-ment must be looked after and some, at least, of his employees continued on the salary list. He and his family must continue to

It is little wonder that disability insurance is popular with doctors, and there is no reason why it should fail them when the critical time comes. There is no reason why a monthly protection of five hundred dollars should yield only one hundred, nor that every now and then a policy should fail to pay at all.

I have just completed an investigation in [TURN TO PAGE 77]

#### A CREDIT MAN DISCUSSES.

By H. W. Hoklas



"On a May bill a statement would be sent out June 1st. If no reasonable payment is made during June, a courteously written note might be sent with the July 1st statement. . . followed by a similar reminder on the 1st and 15th of each succeeding month."

### Collecting

RETAIL credit man is a m harge A cial worker. He comes than know the problems of many line myself of business endeavor; the difficulty actual ties of the railway brakeman, deer pothe life insurance man, of the difficulty. farmer, as well as those of the I wo physician.

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I presume there is no physicions to cian—and particularly no physiciting cian's wife-but who would agree wou that it is essential for medicable to to be made mon tions, collections promptly than they usually and who W

There is an investment in capi I woult tal in delinquent accounts which the inc brings no one favorable result work These overdue obligations of the patient are frozen assets which would constitute a burden on him assists well as a difficult problem for the tail a professional man.

It is particularly essential for myself physicians to collect their obliga-tions promptly, in order that the may pay their own bills on time my off name They must build up a good cred standing and have the respect name, the community if they are to m had a tain their own self-respect.

Another reason they must of lect their obligations with prompt ness is so that they may have reserve of time for relaxation and for research work.

tion. Prompt collections made will reasonable consideration are this o boon not only to the physician to kee but also to the person who own requir the amount; for, by prompt payment, he is relieved of the wom and burden of debt. If the amoun is not collected, then the mone the individual has will be spen physic in other pursuits and will on place him in a worse situation than he was before.

If I were a physician, as son as financially able, I would en

### Without Offense

nloy a mature woman to take loy a mature woman to take a harge of my collections, rather nes than assume that responsibility line myself. I say "mature woman" ifficult because such a woman would, by an, the poise and experience, handle of the fifticult situations more adroitly. Of the I would leave the entire matter that the office credits, and collections.

of the I would leave the entire matter of the office, credits, and collections to this woman, merely displayed the policies to be followed. The collections were in any way offended. It would base the compensation of which the individual who was doing my esult work on these considerations. Of the Probably overhead expense while sold be reduced by having my im a sistant look after the office deor the land collections of one or more professional men other than all for myself.

biling As each new patient came to the time office, I would record his last time same properly spelled, his first credi ame, middle initial, residence, sect of the last checking or savings account.

ount.

St column a the beginning, and the beginning, and the beginning, and the bare of the data necessary for redit procedure I would obtain in the course of casual conversation. I would learn the kind of with the did. Then I would place this on my record card in order to keep it, should future occasion that the state of the st

Any additional data should be worn jotted down, such as the patient's mone the business, and his previous spen the busine physicians.

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From the latter I could learn whether he had paid his bills with reason able promptness, and whether he were the type of person likely to complain.

The expense of securing a re-

port on a patient through one's local credit bureau is so nominal compared with the investment made in a patient in time and materials, that I consider such a report well worth while. In lieu of this, a local rating book is often sufficient.

When a new patient leaves, the office assistant should inquire whether the bill is to be sent for the amount of service performed that day. Often, in such cases, cash can be obtained for small items which, as charges on the books, might prove annoying.

When the amount is to be considerable, I believe that an estimate of the approximate expense should be given to the patient. When advisable, an arrangement can be made for deferred pay-

ment.

If there is no definite arrangement to the contrary, the physician should be paid in full the early part of the following month. On deferred arrangements, the patient may pay on the third and seventeenth of the month, or perhaps between the seventh and the eleventh. I would jot down the dates together with the amounts

which I expected to be paid.

If a patient is told, "Oh, you can pay me whenever you want to," or leaves with the statement that he will make payment just as soon as possible, the account rests on such an intangible basis that there is no telling when the indebtedness will be cleared. Such an arrangement is extremely unsatisfactory to the patient, as well as to the professional man.

Where the courtesy of installment payments is granted, there should be no apology on the part of the office assistant for following up such cases within a week or ten days after a payment has lapsed. If reminders are courteous, hardly anyone feels hurt by them.

When payment on a regular account is not made during the month, or on the first of the succeeding month, or on the fifteenth of the second month, some additional reminder should be sent.

For illustration: on a May bill a statement would be sent out the first of June. If no reasonable payment is made during June, a courteously written note might be sent with the July first statement. If that is considered too soon, then such a note could be sent about the fifteenth of July, followed by a similar reminder on the first and fifteenth of each succeeding month.

If no attention is paid by the time the third or fourth reminder is sent, the office assistant should telephone or visit the patient to find out what the difficulty is, coming to some concrete understanding as to how the balance will be paid. A new credit report showing the up-to-the-minute credit status of the patient often helps at this point in continuing further collections.

While this sounds like a cold, financial procedure, the adroit handling of the situation by a skilled and experienced person will work out most harmoniously for all concerned.

When medical bills become sufficiently delinquent to be turned over to an attorney, I often find that a patient claims he has received but one or two statements, and nothing further. Perhaps some complaint has been made to the doctor, no decision arrived at, and the next thing the patient knows, the bill is in the hands of an attorney. This is a highly unsatisfactory situation and is apt to besmirch the good will enjoyed by the professional man in his community.

I have no objection whatever to legitimate collection agencies. They have their place and should be used when necessary. What I do object to is the fact that frequently the physician who employs such an agency waits to long before turning over his baccounts to it. Meanwhile, he makes matters still worse by discontinuing the sending of statements on these accounts.

In Minneapolis it is customary for the merchants of the city to "age" their outstanding accounts. By this process, they divide the amounts which are due them from their customers into the months for which the customers are owing.

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This data, when tabulated by percentages, gives them a concise summary of their current financial status, the results, of course, varying somewhat with the sesson of the year. For example, a merchant may find among his receivable accounts:

43% owing for August 31% owing for July 11% owing for June

months.

7% owing for May 3.6% owing for April 1.8% owing for March, and 2.6% owing for more than six

To enable the professional man to obtain a similar knowledge of his collection results, it is my opinion that this method of "aging" accounts might well be adapted to his needs. The only labor involved would be in dividing the total number of accounts he has not collected into the months for which the bills are owing. After he has done this he will know very definitely where he stands.

These records of collection percentages can be compared with each other in succeeding years as they accumulate. Naturally, a constant effort should be expended to improve them.

In addition to this table of losses each year, a record of the percentage of charitable work done would complete the picture.

## The Doctor and His Investments

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#### By WILLIAM ALAN RICHARDSON

HE securities market in recent weeks has turned its most promising side outward.

The pall of despair which lifted slightly in June when the country proved itself able to fulfill gold demands promptly, was dispelled further by the passing of constructive relief legislation, the favorable action at London and Lausanne, and renewed strength in commodity prices.

Whether this current improvement will continue to support security prices is dubious. It is my opinion that, in the face of unsatisfactory second quarter earnings reported by most companies and the prospect of still smaller profits in the present quarter, prices of most stocks and many bonds will soon react. The basic market indicators bear out this conclusion.

Accordingly, I see no reason for "getting aboard" with stocks and medium grade bonds just now. The physician will do far better by adhering to the conservative policy I outlined in July MEDICAL ECONOMICS.

It will be simple enough to participate in the stock market once it has definitely begun its upward climb. But to try to get in at the very bottom, when there is no assurance that the bottom has been reached is to court further losses.

After it has been shown beyond reasonable doubt that the downward trend of the past two and a half years has reversed, and the time for buying stocks has arrived, investment programs will be suggested embodying such issues. Meanwhile, I would advise as follows:

Hold and buy only the highest grade securities of types recommended last month.

Sell all stocks and secondary bonds during market rallies.

Readers who wish to rehabilitate their investment portfolios, and who are undecided about the worth of certain specific securities, may submit the names of these securities to me. I shall be glad to comment on lists of reasonable length.

A word to holders of recom-

mended bonds:

The upswing in prices of all prime quality domestic bonds promises to continue gradually, but perhaps irregularly. Disregard occasional reversals in the market and remember that these bonds have been advocated solely as long-term investments. Temporary reactions in their prices from time to time will soon give way to increased strength.

United States Government bonds followed an uneven course during the early part of last month, but with the subsidence of various upheavals in Washington, they again showed renewed vigor. The adoption of legislation designed to aid in balancing the budget, the defeat of the soldiers' bonus proposal, and the attainment of a successful check on gold losses, were all of material benefit in bringing about this result.

Higher income tax rates, as

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provided for in the new law, have also stimulated the buying of Governments. To large investors the tax-free features of these issues are now more attractive than ever.

Municipal bonds, likewise, have found increasing popularity by virtue of their tax exemption. Demand for them has been especially well sustained, clearing almost the entire floating supply from the market. While there has been no widespread gain in prices, municipals have maintained a firm stand, unbroken by wide fluctuations.

D URING a period when companies and individuals alike are straining to pare down overhead, the physician is apt to visit his landlord on a much-postponed "little matter." Unpleasant, perhaps, but necessary. He wants his office rent reduced.

And what does the building manager say? A lot of things which, when reduced to their low-

est terms, mean NO!

"Taxes and interest on the mortgage are still irreducible charges which must be met promptly," the caller is told. Also: "We are already suffering a serious reduction in revenue because of the many empty offices in the building.

"If you cannot continue the rent on your present office, why not move into smaller quarters on another floor?"

And so the landlord cuts off the doctor's nose—slicing his own at the same time through sheer short-sightedness.

A man who serves a number of physicians in the capacity of accountant and business manager, tells a story which sheds light on the rental situation:

"One of our clients," he says, "occupies a \$200-a-month space under a 5-year lease which expires in December. In 1927, when he signed the lease, neither he nor the landlord had any idea that before its expiration, there would be one of the most severe business depressions ever known.

"At that time this doctor was seeing 75 to 80 patients a day and he needed all the space contracted for. But during the past year, his average has dropped to some 30 to 40 patients a day.

"When the doctor asked for a reduction, expressing willingness to pay the old rate as soon as business returned to normal, his request was refused; but the landlord did offer to fix up another space on the same floor, with smaller area, at \$50 a month less rent, but at the same rate per foot.

"Suppose the physician accepts this offer. Let us see what is likely to occur. First of all, the landlord will spend some \$400 to \$700 to fix up the new space. The space vacated will be on the landlord's hands, with little likelihood of rental. But if a tenant is found, then additional money must be spent to fix the vacated space for its new occupant.

"Our client also is subjected to expense, even though he buys no new equipment and confines his move to the same floor. Printed announcements, installations of equipment, and moving expense, all mean at least \$200 to \$300 outlay in order to save some \$600 rent the first year.

"Rather than subject the doctor to the expense and inconvenience of moving, and at the same time cause themselves considerable extra expense in preparing the smaller space, it would be more far-sighted on the owners' part to enter into a gentlemen's agreement to reduce the present rental from \$200 to, say, \$150

"Matters could go on that basis tentatively for six months, and continue for as long thereafter as conditions seem to warrant, before asking the doctor to again meet the terms in his lease. The reduced rental might mean some hardship to the owner, but this is a situation where we must all pull together."

#### **British Doctors**

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### DOCKED, MUZZLED, ATTACKED By Robert J. Blackham, M.D.

London

A wise physician skilled our wounds to heal Is more than armies to the public weal.

THERE is a general impression that the present Govern-ment of Great Britain, in the absence of any definite constructive policy, is endeavoring to govern by slogans. These slogans are: "Spend wisely," "Stay at home," and "Buy British."

No one can grumble at the slogan "spend wisely," but how does it affect the doctor?

Government attitude is The that it is not wise to spend money on the doctor. The first act in national economy was to dock the remuneration to the medical men working under the National Insurance Acts. No one suggested that this body of medical public servants were over, or even adequately, paid, but the very first step in balancing the nation's budget was to embarrass the doctor's finances by cutting his allowances!

The "panel doctors," as the insurance practitioners are usually called, have admittedly played an important part in attaining the high standard of health now enjoyed by the British people, but their reward from a grateful country has been to reduce a rate of remuneration which successive administrations in the past have admitted to be inadequate!

Similarly doctors holding public appointments, and in the army and navy, both on the acting and

retired lists, have been cut by ten or more per cent of their emoluments or pensions, to cover the crazy expenditure of so-called social services of irresponsible politicians.

The doctors have "taken it lying down." Their representative bodies have feebly acquiesced in the Government's extortion.

Not so His Majesty's judges and other high officials of State. Drawing a mere five thousand pounds a year for a few hours' work five days a week, as compared with the few hundreds of the panel doctors for a twentyfour hour day seven days a week, the judges have protested at any reduction in their princely pay.

They have actually put forward as a claim for special consideration the fact that some of their numbers are serving at an age long past that at which any ordinary public servant can be regarded by a medical board as efficient.

Doctors in the Public Services must retire in their sixties-at the outside-but the judges claim special treatment because some of their number persist in sitting on the bench long after they have passed the Psalmist's allotted span!

So much for "Spend wisely" as it affects the doctors. The specialist is badly hit by the "Spend wisely" slogan, as the patient will always economize first on mediand especially specialist medical advice. Harley Street seems deserted. [TURN THE PAGE]

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#### RELIEF FROM NEURITIC PAIN-

The same therapeutic agent which has proved so valuable in the alleviation of pain, reduction of swelling and increase of motion in arthritic and rheumatoid conditions is also proving unusually effective in relieving the pain associated with the various forms of neuritis.

A record of 582 cases classified as neuritis, showed definite improvement in 84% following treatment with Farastan.

We will be glad to send you the latest digest of the published work.



The Laboratories of

THE FARASTAN COMPANY 137 So. 11th St. Philadelphia, Pa.

The second slogan—"Stay at home"—is easily disposed of, as with Britain "off the gold standard," the doctor has jolly well got to stay in England. The purchasing value of the pound has gone to glory and he cannot visit countries where the exchange is against the British currency.

The "Stay at home" policy will diminish international intercourse among British, American and

foreign physicians.

This is bad enough, but the slogan which hits the doctor worst of all is "Buy British." It suggests the old story of the people of the Pacific island who lived by taking in each other's washing!

British doctors have benefited in the past by being able to supply their patients with the best drugs and medical sundries which

the world produces.

"Buy British" means that a tariff will, at no distant date, be imposed on anything and everything which is not made in the British Empire. The doctor will be forced to buy remedies not because they are the best, but because they happen to be British.

This means that his patients

will suffer by being deprived of the products of American and Continental laboratories.

Similarly the British surgeon will be hard hit in the matter of surgical instruments and appliances. Hitherto the resources of every instrument maker in the world found a free market in London, and both the surgeon and his patient benefited accordingly.

Under a protective tariff the surgeon will be handed over bound hand and foot to the tender mercies of the cutler.

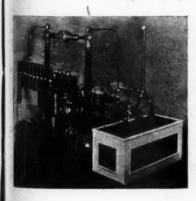
The first section of the professional community to be attacked by the British economy campaign has been the medical profession. The national health is the most important asset in the national wealth, and the guardians of the national health are the doctors.

The British nation is "muzzling the ox that treadeth out the

corn."

Let American medical men see the warning in this account. Your profession has power to influence legislation—if brought to bear in time. Don't wait until you are muzzled—as British doctors did!

## Makes X-ray Snapshots



This new Westinghouse machine, with its three-element X-ray tube, makes it possible to photograph internal moving organs. In operation, electricity is accumulated behind a dam which, when the pressure becomes sufficient, is opened. A lighting charge is then released through the tube, photographing the object in less than one-thousandth of a second.

# Everybody's Business

## By FLOYD W. PARSONS

HE depression is an unmeasured calamity, but even today's unhappy conditions do not justify the hopeless attitude now assumed by many people.

The timidity and lack of faith and fight in high places are beyond understanding. Timid souls all around us whisper dreadful warnings of chaos. Our upward climb is ended. The present system will soon be in decay. A crisis will come in February when the railroad wage agreements come up for

consideration.

101 [

The pessimists insist that new and lighter metals will replace copper and steel. The flood of electricity and oil will bankrupt the coal industry. Synthetic building materials will destroy lumber profits. The development of the Diesel engine will upset the manufacture of gasoline. Dirigibles will put the ocean liners out of business. Amazing developments in the field of electric batteries will establish the electric automobile and replace filling stations with charging stations.

It is asserted that invention and mass-production contain the seeds of each other's dissolution. Mechanical progress will have to be rejected in favor of financial security. No stability can be developed where there is an endless contest between powerful interests, such as the battle now on between the electrician and the iceman, lumber and cement, trucks and the railroads, rayon and silk, and a hum-

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dred other products and agencies.

Apostles of gloom say we sold out to the future; foolishly accepted the doctrine our children are more important than we are; made their pleasures the models for our own; let maturity become a period of devotion to youth instead of devotion to itself; permitted the movies to sink to the level of the taste and capacity of the grammar-school student; spent money on the adoration of youth instead of for the cultural life of the mature; and allowed the child to become father to the man.

This line of fierce criticism points out the stupidity of trying so hard to capitalize the future; of having obligations instead of possessions; and of racing wildly to get the greater part of the rent money of tomorrow. One railroad recently put out book which are due in the year 2361, and a large communications corporation financed its construction



## APPRAISE THE FUTURE

"There are 40 people per square mile in the United States. Births exceed deaths by 8 per 1,000 per year ...an increase in population of 1,000,000 annually.

work by bonds redeemable 500 years in the future, when cables may be only of historic interest.

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Now we are startled by the discovery that tomorrow cannot be controlled and we have made a grave mistake in selling out to the future. The result is a frantic effort to restore to the present day its stolen function as a self-producing era. We have learned that the motive of the Utopian is quite similar to that of the suicide—both are seeking to avoid the issues of the present and escape into the hereafter.

These lessons we have learned are valuable and represent progress, but they do not justify the discontinuance of all of life's activities in order that the mistakes

of a generation may be remedied in a day. We live in a land of distinct divisions of thought and intense differences of opinion, the result being an urgent and never-ending need for leadwho can ers on with their building while at same time they patiently carry out programs of vital improvement.

Many leaders now insist we must con-

solidate our valuable individual planning into a big national scheme that will give us a great blueprint covering the entire nation. We want no dictatorship, and therefore cannot carry out any plan of economic balancing such as is under way in Russia.

We favor the preservation of personal initiative and desire to retain all that is good in our system of individualism, but it is believed possible to have a powerful central board possessing authority to prescribe and enforce a national economic plan.

This central council would surround itself with facts completely covering the nation's resources and facilities. It would forecast the production and consumption

# The only food-drink fortified with Vitamin D

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OCOMALT is recognized as a nourishing, delicious food-drink for everyone. But recommend it particularly during pregnancy and lactation, during illness and convalescence—whenever high calory feeding is indicated. For, prepared according to label directions, Cocomalt adds 110 extra calories to a glass of milk, increasing its nourishment (food-energy) more than 70%.

Cocomalt provides extra proteins, carbohydrates and minerals (calcium and phosphorus). Children love its chocolate flavor. In powder form, easy to mix with milk. Reasonable

in cost. At grocers or drug stores in ½-lb., 1-lb. and 5-lb. size.

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"Cocomait is a scientific food concentrate of barley malt extract, selected cocos, skimmed milk, sugar, whole eggs, flavoring and added sunshine Vitamin D."

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of products of all kinds, and allot production and distribution with respect to requirements of the plan.

A measure proposing a National Economic Council is pending in the Senate, but it is based entirely on voluntary action. Past experience raises doubts concerning the willingness of private business to adopt the recommendations of such a council. Would manufacturers curtail output, the petroleum companies restrict the flow of oil, or the farmers stop planting wheat if these groups were advised that such actions were essential to the set interests of the nation?

Some scheme of national planing must be devised if the Unitdevelopment of business and industry in America must be brought to an end. It is vital that action be taken to prevent these heart-breaking periods of unemployment and industrial paralysis.

Those who argue against all developments that in any way restrict the liberty of business should bear in mind that our present system has brought us face to face with the worst crisis America has ever encountered—ne that is due almost entirely to the planless character of the system under which we live and work.

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Let us quit temporizing with primary problems, and turn at once to the serious task of casting out of our life those evils that bring us recurring periods of fear and gloom.

We have the world's greatest supplies of essential raw materials. The United States contributes the largest percentage of all the grain, tobacco, cotton, coal, oil, sulphur, copper, iron, lead, zinc, natural gas and artificial silk produced throughout the earth.

We have no excess population, nor any form of congestion. There are only 40 people per square mile in the United States. Births are exceeding deaths by 8 per 1,000 per year. This means an increase in population of about 1,000,000 people annually, which is a mighty favorable economic asset. A stationary population would be a calamity to the farmer, damaging to industry and a threat to wages.

All of which merely means that life will soon be moving along in a normal way just as it has in the past. Of course, unfit types will continue to breed and weak minds will move in masses under the control of foolish leaders. Rare men with superior intellects and high ideals will be shouted down by the crowd as was Jesus himself.

The standpatter wants nothing done about our evils because we have always had them and always will have them.

But progress will be resumed and the new system now being created will be more perfectly regulated to the conditions under which it has to operate. The idea of a carefully planned future will meet public acceptance. In the past we only needed to know whether a new discovery would reduce costs or improve quality. In the future it will be necessary to know whether a market exists or can be created to absorb the production which the new discovery will bring.

Bank deposits will be safeguarded. Riskless investments will be created. Government waste will be reduced. Fear will be banished by making our large institutions worthy of confidence.

In the future we will do more than merely encourage progress, for at the same time we will develop a technique for reducing to a minimum the growing pains inherent in the casting aside of the outworn and out-of-date.

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A page from Dr. Bate's manual on the healing art.

# 17th Century Medicine

By H. G. Bull, M.D.

PART TWO In addition to preparations made from ravens there are many others from the feathered tribe, such as the oil of pung kites, or "gleads," given, like most of these animal preparations, to cure epilepsy. In this instance the directions read: "At the time of an Epileptick Fit, moint the Soles of the Feet, Nostrils, and Nape of the Neck, with his mixture," which had at least the big advantage over watchful vaiting to keep the family occupied under such distressing onditions.

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No doubt some canny sufferer from this disorder might have carried in his pocket a little botthe of kite oil, on which a good smaritan might glimpse the follwing legend:

To Whom It May Concern, Greetis: Please do not call the ambulace, but rather take chear and usint with this oyl the soles of my lst, my nostrils, and the nape of my neck; so will I come presently to from my fit. Wishing you the same (and thanking you in advance) I am, cordially yours, etc.

When used preventively, this oil was to be given "three days before and after the Full and New Moons."

The ravens and the kites share honors with live swallows and "Swallows' dung with the whole Nest," not to mention such lowly subjects as the inward skin of a capon's gizzard, the windpipe of a capon, goose-dung gathered in the springtime, or the dung of a white peacock. Although why they should have been so persnicketty as to limit themselves to white peacocks is hard to understand; perhaps it was to keep up the prices!

Who could be so 'eartless as to close this section on the howlets and hother birdies without paying a passing tribute to an Unknown Soldier, Captain Chanti



electrodes at only \$28.50

LOW PRICES

#### EFFICIENCY QUALITY

The foregoing three features of the Comprex Cautery have been responsible For Its Outstanding Success.

450 Whitlock Ave., New York City



This slogan of a well-known scale manufacturer is a worthy contribution to the protection of the public.

Likewise, the perpetually accurate, gravity Lifetime BAUMANOMETER is a protection to the physician.

The KOMPAK Model weighs only 30 ounces.

W. A. BAUM CO., Inc. 100 Fifth Avenue, New York

Baumanomeler

cleer, who makes such a stirring figure as he races madly across page 553? Here he is, the gallant also-ran:

Fusculum Galli, Cock Broth.
Rx An old Cock well wearied with
running, till he falls down; then
kill him [ah, the murderers I], pull
off his feathers [vandals !!], embowel him [Turks !!], and suff the
body with proper ingredients; then
boil them in Fountain Water. and
so on.

No penalties attach to the possible slothfulness of Chanticleer's pursuer, but it is certainly inferred that, should the blackguard enter the henhouse by stealth at dead of night and gentleman from the roost, taking every care not to upset the emotions of the about-to-be-widowed concubing alongside of him, the cock-broth would lose its efficacy; else why "well wearied with running, till he falls down," unless it be the innate English love of the chase!

#### FIVE

Scale of dragon, tooth of wolf, Witches' mummy, maw and gulf

Of the ravin'd salt-sea shark, Root of hemlock digg'd i' the dark,

Yes, we have mummy, though we cannot guarantee it to be witches'; but its efficacy in the Sympathetick Ointment is established beyond any question of a doubt. As we read page 694, how could it be otherwise?

Sympathetick Ointment.
Rx Oil of Roses, fine Bole, of each 1 oz., Linseed Oil 2 oz., Man's Grease, Moss of a Man's Skull, kill'd by a violent Death, in Pouder, said of the search of th

Now, we ask, in all candidness did Shakespeare have anything

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on Bate? But let us go on just a little further. Here is one still better (or worse) than the maw and gulf of the ravin'd salt-sea shark—a ravin'd salt-sea whale!

There was a certain Red Hungarian Powder—choice, and I dare say expensive—composed of "Emeralds, Ruby, Sapphir, Jacynth, Bone of a Stag's Heart, Coral, Pearls, and even Ivory and Leaves of Gold," to which that insatiable Dr. Salmon went and added this:

In some Compositions there is Unicorn's-horn added [why not Phoenix-wing, since both are mythical'], but that which supplies the place thereof in all Apothecaries and Druggists Shops, is the Horn of a great Fish found in Groenland, which the Islanders call Narwell, whose Horn is white, hard, heavy, twisted hollow within for some space, and from one to two Ells long, which serves him as a defence against other Fish, and to kill great Whales. This Pouder is used in malignant Fevers, and against all Epidemick Distempers, and all sorts of Poysons. It prevails wonderfully against the Small-pox, for it expels the malignity, and strengthens the noble parts.

#### SIX

Pour in sow's blood that hath eaten

Her nine farrow, grease that's sweaten

From the murderer's gibbet throw

Into the flame.

Thus might one go on to the end, completing the analogy; for practically every one of the ingredients of our cauldron has its counterpart in Dr. Bate's great work. Is it necromancy or is it the practice of medicine? Let us return to the preface for a moment and reassure ourselves with the protestations of the dead-inearnest translator:

XV. It is generous to do good to Mankind; and the more voluntary it is, the more acceptable. For my part, I owe so great a Friendship to all the World, that I wish every Man understood the Art as well as I do. [Ingenuous, certainly I] And I should be content, upon the Condition that it would please the most Good and Infinite Being, to bless

# Infantile Diarrhea

Adsorption – the Ideal Treatment

SINCE Kaylene is both consolidating and antitoxic, it is the perfect treatment for diarrhea.

Acting by the process of adsorption, Kaylene combines with and neutralizes the toxic products of B. dysenteriae, B. typhosus, B. enteritidis, B. diphtheriae, B. paratyphosus and the proteolytic group of bacteria.

A small teaspoonful of Kaylene in water every 2 hours proves an invaluable routine in the average case of summer infantile diarrhea.

In acute diarrhea of adults 2 to 4 teaspoonfuls repeated at intervals of 1 to 2 hours, according to the severity of the case. Literature and samples on request.

PRICE REDUCTION
Kaylene-ol (in constipation) is now
being dispensed by druggists at
\$1.50 per 16 oz. bottle.

Kaylene

E. FOUGERA and CO. Inc. 75 Varick Street, New York City Sele Agents: KAYLENE LID., LONDON, ENG.

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# TWO-DOSE TOXOID IMMUNIZATION protects against Diphtheria

CLINICAL EVIDENCE shows that Diphtheria Toxoid Mulford develops protective immunity in 90% to 95% of young children and in 85% to 95% of those over 15 years.

Immunity is produced quickly (within 6 to 8 weeks instead of 3 to 6 months).

No serum content.

Stable and non-toxic—does not acquire toxicity upon freezing or with age. It is so free from toxicity that 5 human doses cause no symptoms of poisoning in a guinea pig.

DIPHTHERIA TOXOID MULFORD in two doses is accepted by the Council on Pharmacy and Chemistry of the American Medical Association. It is supplied in packages of two 1-oc. ampule-vials (1 immunization);



twenty 1-cc. ampule-vials (10 immunizations); and one 30-cc. ampule-vial (15 immunizations).

#### DIPHTHERIA TOXOID MULFORD

MULFORD BIOLOGICAL LABORATORIES

SHARP & DOHME

PHILADELPHIA . BALTIMOR

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the Sons of Men with a perpetual State of Health, to seek out some other way of living. And as Health is the most valuable of all Earthly Happinesses, so I am of Opinion, all other interests should vall to it. He can be no good Man, who desires to build up his Fortunes from the Miseries and Calamities of others; or to raise an Estate upon the Necessities of the Mean, and the Ruins of such as want Bread.

XVI. For this Reason sake, I have for this Forty Years and more exercised my Art. as well as to live by it, as a necessary plece of Charity. I know no poor Creature that ever came to me, in my whole time, that once went from me, without my desired help Gratis. I have not only given them my Judgement or Opinion concerning their Diseases and Distempers; but if curable and poor, have supplied them with all the Medical Necessaries for the whole Cure, till they became perfectly well, without demanding or requiring one Peny for it afterwards. And I have accounted the Restauration of such a poor and wretched Creature a greater Blessing to me, than if I had gotten the Wealth of both the Indies. I can't so well express my self concerning this Matter, as I can conceive it; but I am sure I should have been more pleased, and had a greater Satisfaction, in seeing such a helpless Creature restored to its desired Health, than if I had found a valuable Treasure.

There is more in the same vein, but something more interesting awaits us before we conclude this amusing ramble into the past state of "Physick." With the much-esteemed Dr. Goddard's Drops, we will bid farewell to the "Three Wierd Sisters" and the two equally wierd medical

contemporaries of Shakespeare's day.

XXI. Guttae Goddardianae, seu Arcanum Goddardianum, Goddard's Drops:

- 1. Rx Humane Bones, or rather Sculls well dryed, break them into bits, and put them into a Retort, and join thereto a large Recevier, which lute well; and distill first with a gentle Fire, then with a stronger, increasing the Fire Gradatim; so will you have in the Recipient a Flegm, Spirit, Oyl, and Volatile Salt; shake the Receiver to loosen the Volatile Salt from the sides, then close your Receiver, and set it in the Earth to digest for three Months ["Toad, that under cold stone!"]; after that digest it in a gentle heat fourteen days ["Double, double, toil and trouble, fire burn and cauldron bubble!"], then separate the Oyl which keep for use.
- 2. The Author of this Recipe, was not that Goddard, many of whose Recipes and Prescripts, are scattered up and down in several places in this Book, but the famous W-Goddard, a great Philosopher and Physician, who deserved well of the World in his Day and Time, and who has even in this Remedy left himself an Immortal Name.
- 3. And this is the true Medicine which was purchased of the Doctor by King Charles the Second, so much famed through the whole Kingdom, and for which he gave him, as it is reported, many hundred Founds Sterling.
- 5. You may make it of all the Bones of the Humane Body together, or if it be for a particular Intention, as for the Gout in any Limb, then of the Bones of those parts; but if for Diseases of the Head then of Skulls only.

Finis.

#### ARZOL SILVER NITRATE APPLICATORS



Use One Applicator then throw it away

# Simplified Silver Nitrate Therapy SANITARY - CONVENIENT - INEXPENSIVE

Leatherette Case to hold 6" unit of 10 applicators FREE with each box of 100 applicators. Price per box: \$1.50 (including case).

For sale by Surgical Supply Houses everywhere. Eliminates unnecessary staining and provides a convenient way of conveying the medicament to the affected part. Always ready for use. The tips of Silver Nitrate are soluble, producing immediate action as an escharotic, astringent or hemostatic.

Accepted by the Council of Pharmacy and Chemistry for listing under Exempted Medicinal Articles.

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# YOU ARE THE JUDGE

Your wisdom in the application of vaginal hygiene may save the life of the married woman whose health forbids an added burden.

You are the judge who decides whether feminine hygiene will be employed, or whether it will not; how long the patient's health will require its continuance; and, very important, you specify the ethical and efficient means.

Ortho-Gynol, approved for feminine hygiene, is the instrument of your will. It is advertised only to physicians. It has been presented to the profession only after two years' research in Johnson & Johnson laboratories and thorough clinical tests in New York hospitals have proved its dependability.

Ortho-Gynol is the vaginal jelly with two-fold action. Its Lase is composed of a gum of unusual physical characteristics, which resists solution and remains where deposited and spread in the vagina for many hours. It gives mechanical protection. The antiseptic ingredients an recognized as being entirely adequate for their purpose. They give chemical protection.

Ortho-Gynol interferes in no way with natural functions. It causes no irritation Its use is simple, non-revealing and fre from all embarrassment. Physicians ar reporting that Ortho-Gynol is also helpful in local treatment of vaginitis and leukorrhea.

Unlabelled Packages if Desired It is for you to decide whether the petient will receive the regular package of Ortho-Gynol or a special unlabelled package prescribed or dispensed by you.

A Complimentary Package to Registered Physicians We shall gladly send you a complimentary tube of Ortho-Gynol and applicate (value 1.50). Send your request to Johnson.

# ortho-gynol

APPROVED

FOR VAGINAL HYGIENE

• Johnson Johnson



## THE CLUTTERED DESK

To the plea that present limitations on the prescription of medicinal liquor by physicians be medicinal liquor by physicians be eliminated were lately added the voices of: Dr. James M. Durant, Commissioner of Industrial Alcohol; Amos W. W. Woodcock, Director of the Prohibition Bureau; T. H. Huston, former Republican National Committee Chairman.

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350 druggists of greater Boston have contributed funds for a newspaper advertising campaign. It is called The Pharmacist's Guild Health Campaign, plans are laid for one year. Message of the campaign: Health and hygiene.

Soon to be published by the Julius Rosenwald Fund is a 20,000-word report on medical advertising, reviewing advertising campaigns conducted by county medical societies.

Off for the first medical tour of Soviet Russia, a party of eleven physicians and their rela-

tives sailed from New York, July 7, by Hamburg-American liner, "New York."

Dr. A. F. Christian, Boston, opened his evening newspaper last month, glanced at the column "Through the Years With the Boston Traveler." There he read: Twenty-five Years Ago—June 11.

Dr. Christian of Marlborough St. urges that unfit babies be put to sleep permanently.

Startled to find himself mis-quoted twenty-five years after the original speech, Dr. Christian wrote the newspaper: "I did not recommend the 'killing of weak-lings'...but of diseased monstrosities."

Julia E. Morris, stenographer in the surgical supply firm of Garside & Wilson, Philadelphia, recognized the fisherman on the cover of May MEDICAL ECONOM-ICS as her grandfather, Captain Edward Bennett, Commander of the Love Ladies Coast Guard Station, New Jersey. The picture was made nine years ago.

TURN THE PAGE



CAPT. EDWARD BENNETT



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# Clinical Tests show how Yeast\*improves Skin"Tone"

Newly-discovered "selfdisinfecting" power of the skin shown in rate of destruction of test microorganisms (Staphylococcus aureus) on a portion of its surface before and after Fleischmann's Yeast was added to the patient's diet.

IMPORTANT researches have revealed a very interesting property of human skin—its ability

to destroy bacteria upon its surface.

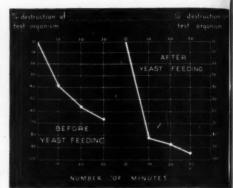
When the skin is clean and healthy, up to 95% of test micro-organisms are rendered non-viable within 10 minutes, these experiments show.

When the skin is unhealthy or injured, however, bacteria on its surface are destroyed much more slowly. In such cases, the self-disinfecting power of the skin can be rapidly increased by adding Fleischmann's Yeast to the diet.

The chart above illustrates this marked improvement in skin "tone" in a typical case of furunculosis of two years' standing.

#Fresh Fleischmann's Yeast was used in these experiments. It is the only yeast rich in three vitamins—vitamins B, G and D.





Before yeast feeding began, les than 70% of test bacteria applied the infected area were destroyed by the skin within 30 minutes. After te days of yeast feeding over 90% were destroyed in the same period of time.

For years Fleischmann's Year has been known for its unusual value in correcting common types of skin disorders. It induces a markel leucocytosis. In the intestines it gently stimulates peristalsis and checks abnormal putrefaction.

You will find Fleischmann's Yeasteffee tive in many cases where other forms of treatment have failed. Just recommend 3 cakes a day. Directions are on the label.

#### Send for this Important Booklet

Health Research Dept. M-U-8, Standard Brands Inc., 691 Washington St., N. Y.C Please send me revised edition of boolet, "Yeast Therapy."

#### Name.

#### Address

Copyright, 1932, Standard Brands Incorporate

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Duke University's new School of Medicine, Durham, North Carolina, graduated its first class this summer. Eighteen students received degrees.

One death every 15 minutes was the motor vehicle fatality record of 1931. During the year 33,000 persons were killed. Those injured: almost one million.

Best Wall Street story of the month: A man sold a small block of General Motors stock in 1929 (just before the crash), buying a new car with the proceeds. He drove the car three years, then sold it, received enough to buy back twice as many General Motors shares as he held in 1929.

Surgical instrument retailers have long known that itinerant peddlers of inferior surgical merchandise sometimes work their way into hospital cloak-rooms, hold "curbstone" sales among staff members.

With enthusiasm they read an editorial attacking the practice, in the June Bulletin of the American Hospital Association, by Dr. Bert W. Caldwell, Editor.

Strongest paragraph in his at-

The "curbstone" or "pocket" merchant is here today and gone to morrow. If he has made a sale and secured the money for his supplies and they should prove unsatisfactory, the purchaser has no recourse. He cannot offer good merchandise any cheaper than the reputable manufacturer or dealer. His practices closely resemble those of the bootlegger. He is usually furtive, secretive, and unreliable. Neither his practices nor his products will stand the light of

investigation. He pursues his trade without respect for ethical business methods.

Figures compiled by the American Dental Association show that: 24,000,000 people are treated each year by 56,800 dentists; \$446,000,000 is spent each year for dental care; \$18 is the average patient's yearly dental bill; \$4,100 is the average dentist's income.

The United States has almost twice as many trained nurses as it has physicians, computes the Bulletin of the Chicago Hospital Association, which gives the national ratio as one trained nurse to every 416 inhabitants, one physician to every 800 inhabitants.

Open splitting of fees, under certain circumstances, will be countenanced officially by the Medical Society of the State of New York, the House of Delegates voted recently. The society's Committee on Economics made up the following recommendation, which was presented at the annual meeting, and adopted:

Where there is a limit of ability to compensate professional service, if there has been bonsfide participating service and responsibility, then, with the knowledge of the patient, the lump sum which is possible should be divided between the participants, according to the respective bonsfide service rendered by each

ticipants, according to the respective bonafide service rendered by each. When the doctor merely refers a patient for consultation or care, and does not participate in the service, any division of the fee is reprehensible and both the giver and the receiver of the "split" should be auspended or barred from membership in organized medicine.

A True Cholagogue-Prescribed for Over 20 Years

# **R** TAUROCOL

Samples and full information on request.

THE PAUL PLESSNER CO. . . . . . . . DETROIT, MICH.

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Hot weather . . . causes diarrhea, vomiting, dehydration and lowered resistance. This is the time to be SURE about the baby's nourishment. Dryco lends itself to the requirements of the season.

(Diarrheal diseases in infancy and childhood are the cause of more deaths in early life than all the infectious diseases combined.)

Dryco is the choice of thousands of physicians in difficult diarrheal cases. It is unsurpassed as a transitional food, since it can be prepared to suit all degrees of solutions and concentrations demanded by the weakened digestion of the sick baby. The baby can be fed under reduced volume and with a highly digestible food without overburdening the stomach or overhydrating the system.

With the increased vitamin D content of Dryco, babies are protected against the dangers of rickets and avitaminosis.

THE DRY MILK CO., Inc.
Dept. ME, 205 East 42nd Street, New York

**PRESCRIBE** 

# **DRYCO**

Made from superior quality milk from which part of the butterfat has been removed, irradiated by the ultraviolet ray, under license by the Wisconsin Alumni Research Foundation, (U. S. Patent No. 1,680,818) and then dried by the "Just" Roller Process.

ALL DRYCO IN THE HANDS OF DRUGGISTS IS IRRADIATED

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THE DRY MILK CO., Dept. ME,	Name
205 East 42nd St., New York. Gentlemen: Please send special reprints:	Street
Diarrhea—Summer Complaint; Acute and Habitual Vomiting in Infants; Irradiated Milk	City
in the Treatment of Rickets.	State

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## Advice to a Son

[FROM PAGE 29] Always try to collect income and good will together, as you go along. You may have a host of friends who will gladly give you their good will; they can even furnish flowers when you are gone. But it is better to have a little cash along

with the good will.

Honest and worthwhile patients will not be offended because you expect them to pay their bills. But they will be offended if you neglect to give them credit for their paid bills. Failure to credit a payment is worse than failure to make a thank you unforgivably careless.

Another thing you may not have had much instruction in is

ethics. Make it a rule to treat all doctors you come in contact with as gentlemen, until you find out differently. You may discover a few who are not gentlemen, but if you follow the golden rule, "do unto others as you would have them do unto you," you will not be far from right.

If called into consultation with another doctor, never enter the sick room until he arrives. The call should come to you either by or through the other doctor, and the time set as nearly as possible at your convenience. Be

on time.

Never discuss the case with the patient, relatives, or friends until after the consultation, and then only in the doctor's presence and at his suggestion. Examine the patient as carefully as if he were your own. Never take the word of another for your diagnosis-make your own.

After you have completed a diagnosis satisfactory to your-self, retire to another room with the attending doctor and discuss the diagnosis and treatment.

If you agree, there is nothing left to do but to go back



Your patient may now ascend and descend without difficulty



### Elevette"



CED

This unique home elevator can be installed vator can be installed in stairwell or other small space. Car constructed to fit available space, and when desired can be made sufficiently large to carry medium-sized wheel-chair. Controlled electrically electrically.

#### INCLIN-A TOR

Readily installed on existing stairways. Provides a simple method of ascent and descent, gliding quietly and smoothly. Folds against wall when not in use. Does not interfere with use of stairs. Electrically operation of the provider of th ated from car or from top or bottom of stairs.

Hundreds of prominent people have solved their elevator problems by installing these simple and convenient Home Elevators.

For complete information address

Inclinator Company of America 1452 Vernen St., Harrisburg, Pa., U. S. A.

Originators and Manufacturets of Simplified Electric Passenger Lifts for the Home

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# EXCESS ACID ADSORBED NOT NEUTRALIZED

Colloidal adsorption is the rational and safe way to remove excess acid from the hyperacid stomach with minimum irritation of the gastric mucosa.

ALUCOL, an allotropic form of Hydroxide of Aluminum, with colloidal properties and high adsorptive power for HCl, is an efficient means to this end.

ALUCOL is non-toxic, is not systemically absorbed, leaves sufficient gastric acid to permit continuance of peptic digestion, and forms a soothing and protective gel over the gastric mucosa.

Further, ALUCOL does not cause a secondary and more pronounced rise of acidity, which often follows excessive use of alkalis in the stomach.

Use Coupon Below for Trial Supply of Alucol and Full Information



THE WANDER COMPANY, 180 North Michigan Avenue, Chicago, Ill.	Dept. M.E. 8
Please send me, without obligation, a cont for clinical test, with literature.	tainer of ALUCOL
Dr	
Address	

and tell the patient that you agree, and that his doctor is doing all that can be done for him. That will make the doctor feel kindly toward you, cause the family to have more confidence in him, and detract in no way from their opinion of you.

If, on the other hand, you have some suggestion to make regarding a change that might be beneficial, discuss it thoroughly with the doctor. You may then explain to the patient that together you have worked out an alteration in the treatment that you think may be helpful. Do this in such a way as to give the other doctor fair credit.

If you can not agree on the diagnosis or on the treatment, it is your privilege to announce the fact to the patient and his relatives. This, of course, requires tact. Every effort should be made not to cast reflection on the other

doctor.

If a third doctor is called, you will be vindicated in the event that your diagnosis is right. If you are wrong, that is your loss. Your greatest concern is the welfare of the patient. That is what you are being paid for. But a disagreement in consultation is no justification for a breach of ethics. Do the other doctor full

wrong. But bear no responsibility for his error.

If after meeting you in consultation with his regular physician, the patient decides he wants you to take the case, you should refuse to do so, offering your assistance only with the other doctor's permission.

If the patient should insist on discharging his regular physician, you may take the case provided you consult your colleague, he dismisses the case in your favor, and is paid in full for his

services.

If at a later date you should be called upon to see the patient or any of his family in an en-tirely new case, then it is your privilege to take it. It is any-body's case then, provided, of course, that a final settlement has been made with the other doctor and that the change is not being made to beat a former bill. Any case that comes into your office is your case unless you know some one else has been treating it recently.

And just a few other little things that might be mentioned:

You may know what the textbooks say about auricular fibrillation, heart flutter, heart block, acromegalia, Addison's Disease, and a host of other rare conditions that are seen once in a long time, but are you able to tell a boil from a carbuncle, a case of measles from one of scarlet fever. or diphtheria from follicular tonsillitis?

Do you know what to do for a

## MEDICATED

MICAJAH'S WAFERS
do not wear out in effect. Prolonged in action; no burden to use: afford definite superiorities over signal douche and fountain syringe. That's well that are arriving at their fiftleth anniversary with a record of successful results for both physician and patient. A recognized treatment for vaginitis, resistant of tissue, ulceration; erosion, hypersecretion, inflammation of the vaginal tract, and

#### LEUCORRHOEA

Full information with samples to physicians upon request. Don't miss this offer! Write today to

Micajah's Suppositories

A continued action on affected areas.
A treatment that does not wear out in effect, and does not arouse intolerance of the rectal muco-a. Physicians prescribe these suppositories for rectal troubles. Fistula ani. Proctitis.

#### HEMORRHOIDS

Meet important indications. Astringent. Soothing. Styptic. Antiphlogistic. Healing. Non-toxic. Non-irritating. Stop bleeding and shrink pile tissue. Samples and literature to physicians on request.

MICAJAH AND COMPANY 198 Conewangeo Avenue, Warren, Pa.

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# The Sodium Perborate Product with the Pleasant Taste

# Trent

Physicians used to hesitate to say "Sodium Perborate." Now they readily say "TRENT".

Sodium Perborate has long been known as a powerful and efficient oral antiseptic, but it has always been in bad repute because of its extremely unpleasant taste.

TRENT is as pleasing to the taste as it is efficient in use. Its liberal content of sodium perborate has been combined for greater effect with ortho-iodobenzoic acid, and flavoring agents are used which make it cool and refreshing to any palate.

TRENT soothes irritated tissues, maintains an alkaline condition in the mouth, and promotes quick natural healing. Clinical tests indicate its value in Vincent's Angina.

If you have not received a sample of TRENT, write to:

#### TRENT LABORATORIES

308 Central Avenue, West

Cleveland, Ohio

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case of summer complaint, or how to treat a case of pneumonia? Were you ever informed that the first 24 or 48 hours in pneumonia are usually more important than the next two weeks, so far as effective treatment is concerned?

Just another thought and a little warning about drug addiets:

They will soon hunt you out and if you treat them favorably, will send you many more of their kind. Remember that all drug addicts are morally degenerate and that they will lie, steal, or do almost anything else to obtain "dope."

They will put up some of the most plausible lies you ever heard and will show you physical conditions of apparent disease that would mislead the canniest of us. After a while you will be able to "spot" these addicts as soon as they step inside your office; but occasionally one will fool you, so you must be always on the lookout.

They deny being addicts, as a rule, insisting at the same time that nothing will relieve their condition but morphine. They will call you out at any hour of the day or night and tell you they have the money to pay for your call. They will feign all kinds of ailments with the most excruciating pain. After they get a "shot," they will tell you they have to see a neighbor or a friend to get the money and will slip out and stay out until you get disgusted and leave.

It is best to adopt an ironclad rule never to administer morphine to any except your regular, trustworthy patients, or in cases of accidental injury, or after making a complete physical examination and finding a condition you are certain indicates its

YOUR DAD.

### **BROMO ADONIS**

The Bromide of Greater Tolerance, Greater Potency, Wider Usefulness.

Successfully used by the Medical Profession in the treatment of Epilepsy, Menstrual Disturbances, Spasmodic Neurosis.

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[PROM PAGE 22] is attended by a suitable number of field surgeons. For distance runs, physicians are stationed at intervals along the route, and also accompany the runners in pick-up automobiles. For the rowing and yachting events, physicians in motor-boats are immediately available. For equestrian trials, physicians in suitable equipages remain on hand. The more dangerous or hazardous the sport, the larger the number of physicians delegated to be on call.

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Every one of these locations was provided to be adequately manned by physicians during all

Not only contestants, but employees, officials, and spectators had to be included in the emergency service. This fact multiplied many times over the extent of responsibility, since during ordinary collegiate football games at the stadium, the doctors assigned to workers and spectators average about as many calls as those assigned to the athletes.

Conditions impossible to treat on the scene are transported to the nearest Police Department Receiving Hospital. More severe grades of trouble are referred to the California Hospital, which serves as the ultimate base instiution. Contagion, of course, would go to the County Hospital Isolation Ward.

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BECAUSE of the high preva-lence of interdigital ringworm,\* doctors find Absorbine Jr. not only a safe antiseptic for controlling active cases of the infection-but also an excellent specific to prescribe for the prevention of original infection, or reinfection.

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tet, a careful heart study is resuired of all contestants in these events. Heart specialists are the examiners, and the benefit of information given by the electrocardiograph is at their disposal.

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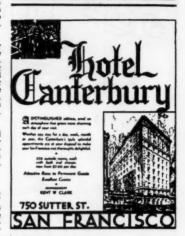
JOHANNESBURG: A 56-page guidekok, practically every other page illustrations, on the hub of South Africa. Write: Thos. Cook & Son, 587 Fifth Avesue, New York.

BY PLANE SOUTHWARD: Air passenger service schedules and tariffs between the United States and the West Indies, Mexico, Central and South America, will be quoted without obligation by the Pan American Airways System, 122 East 42nd Street, New York.

## TRAVELING?

"Mexico, Central, South America"
"South Seas, Pacific, Cape to Cairo"
"Seventh Annual World Tour"

Write for folder. Pathfinder Tours, Inc., 1131 S. Broadway, Los Angeles, Calif.





# A homelike home for particular people

A ten-acre tropical garden midway between Los Angeles and the sea

Riding-Golf-Tennis-Dancing

The Ocean is but fifteen minutes away

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BEVERLY HILLS



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KOKEN COMPANIES

St. Louis, Mo.



#### VIBURNUM COMPOUND

WOMEN, active in society, sports and business are grateful to the physician who prescribes a safe Antispasmodic and Sedative. HVC has been the standard of therapeutic efficiency with three genera-tions of the profession, not only in obstetries and gynecology, but in general medicine. It contains Viburaum Opulus, Dio-corea Villosa and Aromatics but no nar-cotics, and it leaves no harmful after effects.

Put up in 4 os. and 16 os. bottl Sample(to the Profession) on reque

NEW YORK PHARMACEUTICAL CO. BEDFORD SPRINGS BEDFORD, MASSACHUSETTS, U. S. A.

ANTISPASMODIC AND SEDATIVE

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### That Insurance Policy

[MOM PAGE 31] which I have tried in find out where the trouble lies. I had the notion that I would inally pin it on the insurance empanies. I had heard of fake policies, with vague and uncertain clauses, subject to various interpretations as might suit individual cases. I was given to inderstand that there were "gyp" empanies issuing policies deliberately designed to rope in the doctors on the belief that lost incomes would be wholly replaced, only to defeat recovery through trick clauses contained in their policies, or by sharp practices of gents and adjusters.

I have examined scores of policies. They are far from being all alike, and do not cover the same hazards. Some policies cost more than others. They also give more complete protection. I am afraid I shall have to unpin what I had tentatively fastened on the coat apel of the insurance companies, and hook it on the coat-tail of the doctor himself. It is not that the doctor lacks sufficient intelligence. But when it comes to buying insurance, he is usually in a hurry and fails to exercise his intelligence.

Of course there is the further excuse for him in the fact that he places confidence in his broker, who is presumed to see to it that full protection is afforded his client.

But, as was pointed out in a reent issue of MEDICAL ECO-NOMICS, too many insurance agents are either uninformed themselves or are interested only in the amount of commission to be earned, with the result that, in many cases, little help can be depended upon from that quarter.

There is nothing magical about





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#### **CUTANEOUS LESIONS**

of certain types, measurably or completely disappear during the summer months.



This case study depicts a Pseriasis condition of twe and one half years duration. Photograph above shows condition before beginning treatment with Mazon and Mazon Soap. At right—complete elimination after two months treatment. There has been no reoccurance since elimination fifteen months age.

Mazon has been accepted by physicians as the modern scientific treatment for:

ECZEMA ACNE
PSORIASIS IVY POISON
ALOPECIA DANDRUFF
RING WORM ATHLETIC FOOT
AND OTHER SKIN DISORDERS

#### MAZON SOAP

perfectly balanced and absolutely pure, cleanses and prepares the skin for the absorption of Mazon. It offers the physician an ideal soap for office use.

# MAZON

offers the physician a moder and dermal therapeutic to effectively a moter treat such conditions during the set according to the set ac

Theoretically, the origin of these ader lesions affects the subcutaneous minuse connective tissue.

By reason of its power to pens readingly trate through the epidermis wide Mazon attacks the condition at its origin, effecting permanent elimination.



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n insurance policy. It is just a morandum of agreement beeen the company and the poliholder. It is a contract. leteh impanies offer varying degrees protection at various prices. long as the language is reamably plain and the meaning asonably clear, no just criti-m can lie against the comnies for reserving certain this or specifically excepting ertain risks. It is however, a me of what lawyers call caveat uptor-"let the buyer beware." must choose that which is st suited to his needs, and pay cordingly.

If an insurance policy is worth asidering at all, it is worth derstanding. It is not necesthese oderstanding. ary for the physician to inform aneou imself fully concerning the prin-iples of insurance, to understand is policy. A careful, thoughtful pensending will suffice. He should uply each clause to his own inermis, iridual circumstances. He should

begin, not with the policy, but with the application for it.

Most errors are committed by stating something in the application that fails completely to give the necessary facts, or omitting something which, if fully stated, would advise the company what risk it is taking. The assumption of risk by the company is based on the hazard it is assuming, and the application forms the basis of it.

Try to give the insurance company as complete and accurate information as it is possible to give. I have known doctors and other professionals who think it smart to cover up some hazard in their occupations under some such general occupational state-ment as "physician and sur-geon." Doubtless there have been some cases where this has gotten by. Well, I think it is better that the insurance company be sur-prised to find the full risk as-sumed, than that it be surprised

### SSTREE ACTION

Not only does Chologesthin help enthuse a sluggish liver by inducing a free uninterrupted flow of natural bile...

(Lhologostin) stimulates the digestive processes and peristalsis and eliminates intestinal poisons.

Use CHOLOGESTIN in catarrhal cholecystitis, mucous colitis, biliousness and constipation from biliary stasis.

Clip the Coupon and Get Chologestin!

STRONG CO., Variek Street, York, N. Y.

ME-8

A sample of CHOLOGESTIN, please, and TABLO-GESTIN (tablets of Chologestin), ALSO DIET LISTS.



The Gerber Spinach Inspection Room

#### in Every Detail makes the Gerber Products better for Baby

The care used in the Gerber spinach inspection room is only typical of the strict regulations that affect every detail of the preparation of the Gerber Products. The operators in this room are clothed in freshly laundered aprons and caps. They cut, trim, and separate into individual leaves the bunches of crisp, fresh spinach received from the Gerber supervised gardens. The air that constantly circulates through this room passes through carefully regulated mechanical washers. The hand inspection of Gerber spinach is preliminary to the thorough washing of each individual leaf in cold water tanks agaited by mechanical washers that insure the removal of all foreign matter, sand and other substances, and thorough cleaning of the product wasners that matter the removal of all foreign matter, sand and other substances, and thorough cleaning of the product before it passes on to the Gerber cooking process. The strict standards of quality and method that prevail throughout the making of the Gerber Products are all important out the making of the Gerber Products are all important factors in the modern, scientific process that makes strained vegetable feedings available for baby in an ideal form—with scientific uniformity, and with maximum retention of the natural vitamin and mineral salt values contained in the specially grown and selected vegetables used.

We will gladly answer any question any physician may have at any time with respect to the Gerber Products. Send for the booklets listed below. Two are professional. The other may be of service as a handbook of instruction to pass on

service as a handbook of instruction to pass on

to young mothers



# STRAINED VEGETABL

GERBER PRODUCTS CO., Fremont, Michigan. Please send booklets checked.

- "Baby's Vegetables." "Vegetables in Thera-peutic Diets."
- "Therapeutic Diet Recipes."

Name..... Address . . . . . . . . . . . . . . . . ME-23



- 1. Grown in supervised gardens, the Gerber Products start on the cooking process while still crisp and fresh from the garden.
- 2. The loss of vitamins through oxidation is reduced to a minimum in the Gerber scientific autoclaves where cooking is done with oxygen excluded.
- 3. Oxygen is also excluded while the Gerber vegetables are strained through fine monel metal screens, thereby further conserving important vitamina.
- 4. The Gerber monel metal strainer is four times as fine as the ordinary kitchen sieve. It removes indigestible fiber and insures uniform texture in the products.
- 5. No water is added in cooking the Gerber Products. The cooking process and the vacuum pans used for bringing the products to uniform consistency conserve important mineral values that are ordinarily poured away.

15¢ at grocers and druggiss Strained Vegetable Soup Carrots — Prunes — Tomatoes Beets — Spinach — Peas Green Beans to fit comp appli that to be com If 130 tice.

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find that it has not. The more An Advance in Parenteral omplete the information in the pplication, the more certain it is hat all risks are covered. It pays to be frank with your insurance company.

If you are a gynecologist, say so. If you are specializing and lso conducting a general practice, give your occupation as physician and surgeon, specializ-

ing in cardiology.'

Some policies provide for both total and partial disability, with curtailment of benefits for the atter. A diagnostician gave his eccupation as "physician and surgeon." Later he suffered disability due to an infection in his and and arm. His policy decribed total disability as being nable to perform any, of the duties "relating to the occupation described in the application."

The insurance company claimed that he was entitled to only the partial disability benefits, since e was physically able to write prescriptions and give advice a matter of fact, prescribed either treatment or medicine for many years, confining his work to written diagnosis to be furnished only to the attending physician. While this claim on the part of the company appears to e a bit far fetched, a proper statement of the insured's occupation would have eliminated the dispute.

A disability policy is not worth much if it defines disability as inability to pursue "any and all gainful occupations." Disability policies do not, as a rule, contain this clause, although most dis-ability clauses in life insurance policies do include it. Needless to say, a busy physician cannot afford to depend wholly on these clauses in his life insurance policies to insure him against loss of income. They are not intended to furnish such protection.

Policies usually state whether or not premiums are discontinued

### Liver Therapy

A REFINED AND MORE CONCENTRATED SOLUTION OF LIVER EXTRACT FOR

#### INTRAMUSCULAR INJECTION

**B**Y the new process employed in the Lederle Laboratories the volume per dose has been reduced 40 per cent and the substances responsible for undesirable reactions largely eliminated.

Solution Liver Extract (Lederle) Refined and Concentrated for intramuscular injection. Each vial contains the material obtained from 100 grams of liver in three cubic centimeters.

Sample and literature to physicians on request.

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An Aseptic Prophylactic Anti-Catarrhal Anti-Pruritic Wash that Guarantees Post-Operative Cleanliness

The effectiveness of Mu-col as an antiseptic wash is attested to by thousands of physicians who pre-scribe and use it for effectively cleansing the en-tire membranous area. Aids quick granulation. A sa-line-alkaline pow-der easily soluble in water. Superior for feminine hygiene. Indispensable in every physician's practice.

Mail Coupon for Sample NOW MU-COL CO., Suite 348N, Buffalo, N. Y.

Send sample of Mu-col, enough for 6 qts., FREE,

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# In persistent pain

the demand for relief is often-times so urgent that the first thought is of a hypodermic injection of morphine—and yet every doctor holds back on account of its dangerous possibilities.

# PAPINE

(BATTLE)

is an anodyne that may be fully relied upon to give relief in pain with complete avoidance of the evil psychical influence of the hypodermic injection. The patient gets relief with a minimum of possibility of habit-formation.

What more could you ask of an Anodyne?

BATTLE & CO., Chemists' Corporation, St. Louis, Ma.

MICS

throughout disability, and what constitutes total and partial disability. These clauses should be carefully examined and the possibilities of their some day becoming operative considered. They will govern the amount to be paid when a claim is made. Care should be taken to see that any clauses relating to infection, accidental or otherwise, do not reject risks that the physician particularly desires to be assumed.

The questions as to when disability begins and when it ends are important. Some policies are designed to cover the very first day's loss of income, while others begin the indemnity thirty, sixty, ninety or even more, days after disability occurs. The premiums are, of course, greatly reduced as the non-paying period lengthens. Some policies which include a death benefit, provide for double indemnity under certain conditions, while others do not.

It is important to note the age

at which disability, once acquired, ceases, and the age at which the policy no longer operates. A policy may provide that insurance ends at age 60, or that disability occurring after that age is not provided for. Some benefits do not apply to self-inflicted injury, nor if the disability results from military or naval service.

What is the ideal disability policy for a physician? Generally speaking, there is no such policy. The ideal policy for you is the one that exactly meets your needs. The policy best suited to you may not be best for your fellow practitioner in an adjoining office. I feel confident that you will find the ideal policy if you will just request a copy of the applications and policies offered, and then sit down in the quiet of your own office and go over every clause in these documents!

As each clause is read, apply

### NEPENTHE

Carminative, Anti-spasmodic, Sedative

A superior corrective of acute gastro-intestinal disorders, so common during the summer months. Composed of blackberry root, nutgalls, sodium bicarbonate, ginger and prickly ash bark, skillfully blended with choice aromatics.

Sample free to physicians upon request

Prepared only by

#### THE TILDEN COMPANY

Pharmaceutical Chemists since 1848

New Lebanon, N. Y.

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St. Louis, Mo.

# WHITE ROCK and the SICKLY STOMACH

Nausea? White Rock, highly carbonated will most frequently relieve it—

But more than that-

White Rock Mineral Water can often be recommended to increase appetite, promote digestion and motility—

In other words a pleasant and useful addition to the diet in pregnancy, many functional disturbances of the stomach, in hyperacidity and often (with milk or alone) in the later stages of ulcer diets.





AUTHORITATIVE BOOKLET SENT ON REQUEST

	k Mineral Spring ay, New York Cit			
Gentlemen:	Please send me	your booklet	"White Rock	in the Diet".
Name				
Address				

it to yourself, your practice and the conditions that would obtain in the event of your becoming disabled.

Test each clause by forecasting what would happen if it had actually to be used. Jot down on a pad the result of your observations, and then talk the whole matter over with your broker.

Again read the policy after it is delivered. If there is anything that you do not then quite understand, or anything that does not seem to do just what you want, write to the company about it. It is a very simple thing to alter a policy after it has been written.

The insurance company is glad to assume the legitimate risks you wish assumed, and charge you accordingly. If the policy does not assume the desired risks, the policy is, indeed, a delusion and a snare.

The time to adjust these matters is before disability occurs.

An insurance salesman recently dropped into the office of a physician-acquaintance and immediately raked the doctor fore and aft with a broadside of information regarding accident insurance in general, and especially the policy that he was offering. It was impossible to resist such high-pressure methods. The doctor surrendered, but upon condition. The policy was to be sent on approval, and the initial payment was to be returned if for any reason the policy should prove unacceptable.

In his sales talk the visitor mentioned a long list of other medical men who had bought this policy. In view of the outcome, one might wonder how many of these doctors devoted any time and effort to studying the terms of the contract under which their money was to be invested.

The policy arrived and at first sight appeared to be as represented. But closer scrutiny re-



#### The Foaming Tablet in VAGINAL THERAPY

Modern medical authorities are registering enthusiastic approval of the foaming tablet in the proper maintenance of correct feminine hygiene. FOMOS, chemical and mechanical in action, reduces feminine hygiene to its simplest, safest, most dependable form. FOMOS formula has been used by physicians for over 0 years. Never advertised to the public.

SEND NAME AND ADDRESS FOR PROFESSIONAL SAMPLE—GRATIS.

FOMOS LABORATORIES, Inc. 207 Fourth Ave., New York, N. Y.



### Re

#### CONSTIPATION

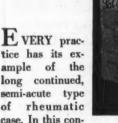
Excerpts from an address by an eminent authority on Ma-teria Medica: "Bran is a substance whose usefulness to men has been over-rated"..."Colon nas neen over-rated"..."Colon irrigations are being overdone" ..."My favorites are plain mineral oil and the cascara-agar preparation known as Regulin."

Regulin, the natural treatment for constipation, has been rec-ommended by physicians for over 30 years.

The Reinschild Chemical Co., ME-8 18 Grand St., New Rechelle, N. Y. Send professional package of Regulin—gratis.

Dr.																
Add	re	15	s									_	_			

# Sal Hepatica for the Rheumatic Patient



dition an important primary requirement is the maintenance of a proper alkaline reserve in the blood stream.

The accumulation of waste in the intestinal tract permits the absorption of toxins into the blood, which upset its normally balanced proportions and pro-



duce a general toxemia.

The mildly laxative effect of Sal Hepatica sweeps the intestinal tract clean of

poisonous material, and its alkalizing effect tends to restore the toxic blood stream to a normal state.

Sal Hepatica has found favor with many physicians because it is efficient, palatable, and obtainable everywhere. The coupon will bring you a sample for clinical test.

# \* Sal Hepatica \*

MEMO to my assistant: Send to Bristol-Myers Co., 71 M West St., New York, for a professional sample of Sal Hepatica (gratis)

Name		1		M. D.
	(Please	enclose card	)	
Street				
	*			
Care		State		

vealed, tucked away among the "whereases" and the "in consideration of's," a statement which merited deliberation. It declared, in sense if not in exact words: "Regardless of what may be stated elsewhere, the benefits under this policy will be only 50% during the first thirty days."

At first thought, this clause appeared unimportant. Since the premium was low and other provisions were most liberal, one felt that he could afford to accept half the weekly benefit at first, with the assurance of the full amount after thirty days of a longer disability. But there was another point—the principal sum of \$5000 which the policy called for in case of accidental death.

It was plain that the only cases in which this policy would pay the principal sum of \$5000, would be those in which the insured managed to live at least thirty days after an accident which was destined to prove

fatal. Furthermore, he must then die as the result of the accident alone, and not from any other cause or complication.

Looking at the policy in this light, it was evident that the principal sum, with rare exceptions, must be considered \$2500 instead of \$5000. Instead of being a cheap form of insurance, it was decidedly expensive.

It paid to study the policy in

advance!

## Speaking Frankly

[FROM PAGE 7] obligations outstanding, both medical bills and commercial and mercantile debts. There is no question that merchants will press for payment at the very first opportunity. If physicians allow medical debts to be overlooked a dangerous precedent will be established as conditions improve, a condition which

# For prolonged bromide medication-

You will find, Doctor, that there is a greater margin of tolerance without lessening of the essential bromide effect when your prescription reads

#### PEACOCK'S BROMIDES

Bromism, of course, may occur from any bromide preparation . . . But with Peacock's Bromides you encounter fewer eruptions, less depression and then, only after a longer time. Why? The five salt formula—synergistic and with less dependance on the more toxic Potassium Bromide.

#### Od Peacock Sultan Company

PHARMACEUTICAL CHEMISTS 4500 Parkview Place, St. Louis, Mo.

# The Kny-Scheerer Trade Mark Is More Definite Than a Written Guarantee



When you purchase instruments, look for this symbol of the crown, staff and serpent. It is accepted by thousands of physicians as evidence of the "Unseen Factors" which go to make up a quality instrument.

As an example of these unseen factors, consider the construction of Kny-Scheerer Allis' Intestinal Forceps. These instruments are made with very resilient shanks between the lock and the teeth, to permit the operator to obtain a firm grip on the intestinal wall without danger of perforation and possible traumatic effects. Both screw and box lock patterns are supplied, but the latter type is recommended to insure precise alignment of the tips.



Distributors of Kny-Scheerer Instruments are located in all large cities. If your dealer cannot supply you, write us.

#### KNY-SCHEERER CORPORATION

51-12 21st Street, Long Island City, N. Y.

wili be most difficult to remedy in the mind of the average patient. Cooperation would unquestionably solve the problem. Unfortunately, however, it is seldom possible to get every doctor in a community to cooperate. doctor in a community to cooperate. Among the numerous areas which now have medical credit bureaus, I do not know of a single one where there are not at least a handful of doctors who, while ostensibly cooperating in the pian, are not living up to the spirit of the agreement. Such a condition is most destructive to any attempt at economic progress on the part of a group of physicians.

I happen to know of one section in which, two years ago, there was designed by mutual cooperation between the offia private credit bureau, a plan that was considered to be a model.

considered to be a model.

Each doctor in the area provided full and complete information concerning each patient who insisted on ignoring medical accounts. This information was classified, compiled, and published in credit form at regular intervals for the confidential use of each doctor in the county. The entire compensation for the service was derived from subsequent collection methods employed by the bureau to fit the exact needs of the county. In other words, Mr. John Doe, who has repeatedly ignored every effort on the part of the physicians themselves, was made to pay the entire cost of the system, a reasonable percentage of the amount recovered from him being placed amount recovered from him being placed aside as it was collected.

It is too early to know the entire re sults of this plan, and whether it in the long run, work as expected. How-ever, it is a start, and if repeated in other sections, should help greatly to strengthen the one greatest weak spot in our present system of rendering medical service.

Neglect TO THE EDITOR:
Chiropody is not an
avenue for the non-M.D. to supercede
the physician. The optometrist does not
take the place of the physician! The
reason for chiropody today is that the
average physician has unknowingly neglected the patient suffering from common but painful foot disorders.

The late Frank A. Thompson, M.D. was the Dean of the School of Chiropody at Temple University. Although he was a physician, he practised chiropody. Drs. Sterling and Willoughby of Philadelphia, both eminent physicians, are instructors at the above college.

The student chiropodist is always taught that when in doubt, he should never hesitate in referring the patient to a physician. This is a universal practice.

Sidney L. Farkas

TO THE EDITOR: Writing Dr. J. J. Markey sounds a new note in the medical profession. It is only natural in these days of slack fees that many of the old boys with a long-suppressed



#### safer and more effective

S a contrast to the irritant and unnatural action of the usual cathartics, more and more physicians are recommending the use of a natural bowel corrective in

#### PSYLLA (Plantago Psyllium)

Do not confuse Psylla with the ordinary commercial psyllium, because Psylla has been subjected to a number of cleansing processes to rid the original seed of waste material and to render it SAFE FOR HUMAN USE.

Psylla, therefore, is not only more wholesome but more therapeutically effective. provides the maximum of bland bulk and lubrication in the bowel

NOTE. Psylla is carefully cleaned and sterilixed. There is an inner seal in each can as a guarantee of its wholesomeness.

M A I		BA	SI		RE	EK
FOR	TE	ST	5 4	М	P	LE.
THE BATTLE Dept. ME- Send me, tin of Psylla.	8-32, Ba	ttle Cre	ek, Mi	chigan		d trial

# Who calls Spud a cure for colds?

We don't. It's enough for us to call it a good cigarette! To point out that its menthol content leaves a cool, clean taste in the mouth...so that even people with colds or nose or throat troubles can appreciate its fine flavor.

Where your patients need advice about their ills or their smoking, we believe such advice should come from you. Your decision is best, because you know them and (we hope) you know Spud.

## SPUD

MENTHOL-COOLED CIGARETTES 20 FOR 20c (U. S.)...20 FOR 30c (CAN.)

THE AXTON-FISHER TOBACCO CO., INC., LOUISVILLE, KENTUCKY

desire for writing might endeavor to break into the game.

Puck's advice might here be apropos— 'don't.' Writing, in order to be success-ful, must be born and bred in the system and assiduously cultivated. A few men educated in medicine have become famous writers, but in the case of most of these

writers, but in the case of most of these medicine was a side issue.

Many physicians can write beautifully as well as can thousands of laymen. But so often they lack a message, or humor, or that intriguing something which compels the reader to read on. A magazine editor is usually satisfied when he notes the first line of a measurement. It it along the first line of a manuscript. If it slaps him in the face, he may read a few

sentences more.

physician may be able to turn out good scientific matter, but there is small chance of getting it printed and no chance of getting paid for it. In my many years of contributing to medical and scientific journals, only one journal paid me cold cash for all the articles submitted.

If one can break into a syndicate he is then lined up for better things. I have carried on so-called "health" articles in carried on so-called "health" articles in both weekly and monthly publications at the same time; also supplied feature stories for the Sunday section of news-papers. The latter always paid well enough but the competition is great and at present the greater part of the news-paper articles are produced by staff writ-

Until the last two or three years a writer with a new and unique story had a chance to break into the magazines, but now the magazines are hard pushed. There is always a chance for a medical man who can write and has the right technique to revise the literature of large pharmaceutical houses who exploit a better class of remedial agencies. This is purely impersonal and the promoter does not desire the literature to be signed by the medical writer and neither does the

name to appear on the literature.

If a doctor finds time hanging very heavily on his hands and the wolf making occasional charges at the main entrance, there are lots of little diversions which were cachle but to next the time. which may enable him to pass the time away. How about the contests? So much away. How about the contest: So much competition, and the harvest so often a very small crop! But you never can tell. One day I wrote an essay on sanitation, advertising a syringe. A certain number of prizes were offered. In a few weeks I was notified that I was second winner, and accompanying the letter was a check for \$200. A prize offer was made by a well-known talcum powder company. I well-known talcum powder company. I wrote and then forgot about it. In a few weeks I received a check for \$50. This prize contest writing was followed up for several years with a nominal percentage of winnings; and I can not say that in any case I ever returned a check as being undesired by me.

No physician, or layman either for

# ERGOAPIOL (SMITH)





half through the initials.



Capsule intact showing no mark objectionable the physician.

#### **AMENORRHEA** DYSMENORRHEA and other MENSTRUAL DISORDERS

ERGOAPIOL (Smith) proves unusually efficacious in the various anomalies of menstruation arising from constitutional disturbances. atonicity of the reproductive organs, inflammatory conditions of the uterus or its appendages, mental emotions or exposure to inclement weather.

As a safeguard against imposition, the letters M.H.S. are embossed on the inner surface of each capsule. ERGOAPIOL (Smith) is supplied only in packages of twenty capsules each.

Dose: 1 to 2 capsules 3 or 4 times a day. Literature on request.

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# FEMALE SEX HORMONE

Clinical experiences show the definite value of Progynon in the various ovarian dysfunctions:

## AMENORRHEA

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### VOMITING AND NAUSEA OF PREGNANCY

Progynan Tablets—the only standardized effecfive sex hormone preparation for oral use.

Progynon Ampules - maximum efficiency - (not rrugynon Ampures - maximum efficiency - (nor reduced to the less effective crystalline state) freedom from unpleasant reaction.

Packages of 30 and 60 tablets of 30 Allen-Doisy units each. Boxes of 12 ampules of 25 Allen-Doisy units each. Increased quantity-lower price



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that matter, can write unless he begins early to develop imagination. The play-wright and fiction writer must live with wright and fiction writer must live with his characters long enough for them to become real to him; he must know their loves and hates, their foibles and eccen-tricities, just as much as he would know his own kith and kin. When conditions are better (when?) there will be a mar-ket for good short fiction with plenty of humor and the popular appeal of the moment—also short and full-length plays comedies

Meanwhile, there's little chance for the Meanwhile, there's little chance are take person of middle age, who has been trained along other lines, to break into literary fame or fortune. The best he can hope to become is a hack writer. I have been one all my life and know a little about it.

W. T. Marra, M.D.

THE EDITOR: Blush Allow me to congratu-late Dr. Harry M. Robinson, through your magazine, for his article "I'm Still Writing," in the issue of July, 1932.

Why should not anyone write who wishes; editors do not have to read the wishes; editors do not have to read the manuscripts submitted if they do not so desire. Dr. Markey's attitude is that of the "Divine Right of Kings." Perhaps his new suit of mail is so bright that it has blinded him, and I hope later when it has become a little dull, he will look toward "amateur writers" with a little more charity and Christian feeling.

Frank J. Clancy, M.D.

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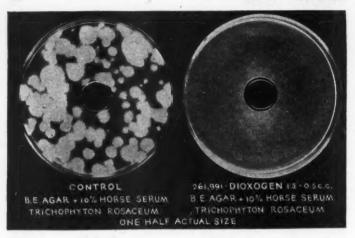
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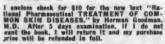
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### Follow-up System

[FROM PAGE 26] be adopted by the profession at large. My first great concern was "how can I afford to take on a secretary?" Within a very short time I found that the secretary was soon "paying for herself" by the number of patients who returned to the office following these letters.

The general comments of patients receiving these cards and letters are worthy of note. Some say, "I'm glad you sent me that letter because I've been wanting to come for weeks, but always found another excuse for not coming; when I received your note with a specific time I made it my business to get here."

Others say, "I'm sold on this idea of periodic health examinations and glad you sent for me."

Many were happy to see that I was sufficiently interested in their case to write to them. Furthermore, I have heard no adverse criticism either directly or indirectly, nor did anyone express the thought that I was "trying to ring in an extra visit."

I believe the point of specifying a definite time is likewise of psychological value, for many patients would call stating that they had received my letter, but the appointed time was inconvenient for them and could they please come at such and such a time instead. The patients seem to respect the business-like efficiency rather than criticize it.

The application of the hospital follow-up system to my private practice is putting into effect what we have been preaching about periodic health examinations. I feel that if it were universally adopted by the profession at large, it would act as a great factor in helping to stem the great rush of the public to the free clinics.

This article appeared originally in "The Health Examiner," June, 1932.



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Mistol soothes the irritated and hypersensitive mucous membrane by virtue of its ingredients, camphor, menthol, eucalyptol and chlorbutanol. It also acts as a mechanical barrier to ragweed pollen constantly present in the air by spreading evenly as a

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attempting to restore its normal condition, is conceded by authorities. Dr. Ballenger says "a perfectly healthy nasal mucous membrane on a normally placed bony frame-work is not often affected by hay fever." (Diseases of the Nose, Throat and Ear, 6th ed., 1930, p. 661.)



The use of Mistol not only alleviates the symptoms but also increases the resistance of the mucous membrane to allergic attacks.

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